

LISTAGEM EXTRA OFICIAL (PARA CONFERÊNCIA DE TEMPO)

V CORRIDA S DOMINGOS BENFICA

Patrocinio: JF SAO DOMINGOS BENFICA

Apoio: JF SAO DOMINGOS BENFICA

Data: 08/01/2012

Classif.: Relatório Faixa Etária Masculino e Feminino

Junior Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	227	FABIO FERREIRA	19	M1819	M				GD MACEDO OCULISTA	00:37:41
2	492	MITOS FIGUEIRA	18	M1819	M				INDIVIDUAL	00:40:10
3	142	FLAVIO SANTOS	18	M1819	M				IGREJA UNIFICAÇÃO	00:41:10
4	240	RUBEN FERREIRA	19	M1819	M				GD MACEDO OCULISTA	00:43:15
5	343	JOAO SOUSA	18	M1819	M				C ORIENTAL LISBOA	00:44:31
6	494	CARLOS MARTINS	18	M1819	M				INDIVIDUAL	00:59:54
7	682	TOMAS PRAZERES	19	M1819	M				GODINHO	00:59:59
8	47	HUGO SANTOS	18	M1819	M				RUNNING OF D MARIA	01:03:15
9	382	JOSE BRAS	19	M1819	M				AMIGOS ESTRELA	01:15:08

Senior Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	1	ANA FERREIRA	23	F2039	F				GD ESTREITO	00:35:22
2	17	MADALENA CARRIÇO	33	F2039	F				CS MARITIMO	00:35:42
3	3	VERA NUNES	31	F2039	F				SL BENFICA	00:36:54
4	4	SANDRA PINTO	35	F2039	F				CDA DONAS	00:37:33
5	63	TANIA CABRAL	23	F2039	F				GARMIN/ CO OEIRAS	00:37:59
6	743	CATARINA FERREIRA	27	F2039	F				GD JOANINHAS LEIAO	00:38:10
7	341	PATRICIA SERAFIM	28	F2039	F				C PRAÇAS ARMADA	00:38:10
8	745	JOSEFA SANJÉ	36	F2039	F				GD JOANINHAS LEIAO	00:39:13
9	933	MARINA DOMINGUES	29	F2039	F				INDIVIDUAL	00:39:14
10	569	VERONICA SCUTARU	35	F2039	F				CRD ARRUDENSE	00:39:17
11	118	LUCIA OLIVEIRA	32	F2039	F				AÇOREANA C BANIF	00:42:30
12	238	MARIA VEIGA	37	F2039	F				GD MACEDO OCULISTA	00:48:53
13	711	MARIA SETIL	32	F2039	F				PAACID	00:49:10
14	360	JOANA MOUTELA	30	F2039	F				PUPILOS EXERCITO	00:49:20
15	351	VERA CORREIA	37	F2039	F				GE OS ECONOMICOS	00:49:29
16	643	ANA MENDES	38	F2039	F				CD GRUPO BES	00:49:30
17	112	SALOMÉ FERREIRA	38	F2039	F				GD INE	00:50:45
18	64	TERESA SEPULVEDA	30	F2039	F				GARMIN/ CO OEIRAS	00:51:05
19	934	ANGELA MESTRE	35	F2039	F				INDIVIDUAL	00:52:34
20	570	IVONE MATOS	29	F2039	F				INDIVIDUAL	00:53:18
21	607	CRISTINA CUSTODIO	34	F2039	F				FITNESS PREMIUM	00:53:35
22	545	MARÍLIA RIBEIRO	28	F2039	F				TOCANDAR	00:53:58
23	486	RAQUEL CARVALHO	34	F2039	F				INDIVIDUAL	00:53:59
24	726	ANA C RAMOS	35	F2039	F				GYM 2010	00:54:14
25	80	TERESA MENDES	37	F2039	F				DEZ PRAS ONZE	00:54:16
26	81	MARTA QUINA	37	F2039	F				DEZ PRAS ONZE	00:54:18
27	611	ALEXANDRE ALCAPE	30	F2039	F				FITNESS PREMIUM	00:54:21
28	1093	ANA R RAMALHO	23	F2039	F				VALADARES	00:54:40
29	598	ANA P SILVA	29	F2039	F				INDIVIDUAL	00:54:45
30	414	SARA LOUREIRO	23	F2039	F				SC CASAINHOS	00:55:05
31	1028	RITA MONTALVAO	36	F2039	F				INDIVIDUAL	00:55:09
32	1055	CLARA R	35	F2039	F				ACC TEAM	00:55:16
33	551	KELLEN ABREU	35	F2039	F				INDIVIDUAL	00:55:29
34	103	CATIA PEDRO	32	F2039	F				GD INE	00:56:18
35	539	SARA LOPES	22	F2039	F				INDIVIDUAL	00:57:34
36	409	LIGIA MORAIS	36	F2039	F				SS MONTEPIO GERAL	00:58:04
37	614	MARLENE HENRIQUES	28	F2039	F				FITNESS PREMIUM	00:58:26
38	564	ANA COSTA	32	F2039	F				INDIVIDUAL	00:58:31
39	590	ISABEL MONTEIRO	25	F2039	F				INDIVIDUAL	00:58:38
40	1045	MARTA VALE	35	F2039	F				INDIVIDUAL	00:59:00
41	237	Mª QUITERIA TEIXEIRA	38	F2039	F				GD MACEDO OCULISTA	00:59:15

42	525	PAULA C CRISPIM	30	F2039	F	IMPARAVEIS	00:59:31
43	921	ANDREIA CARDOSO	25	F2039	F	INDIVIDUAL	00:59:37
44	458	CLAUDIA FREIXO	29	F2039	F	INDIVIDUAL	01:00:11
45	749	PATRÍCIA PEREIRA	33	F2039	F	TARTARUGAS	01:00:16
46	750	TERESA RIBEIRO	38	F2039	F	TARTARUGAS	01:00:20
47	714	ANA R ANDRADE	35	F2039	F	PAACID	01:00:31
48	1108	SANDRA COSTA	35	F2039	F	X-TRA	01:00:44
49	395	MICAELA ARAUJO	39	F2039	F	GD CIMPOR	01:02:27
50	982	ANA ALPALHÃO	38	F2039	F	ALPALHAO	01:03:41
51	1113	CARLA SIMOES	37	F2039	F	INDIVIDUAL	01:04:05
52	585	MARTA MARTINS	29	F2039	F	INDIVIDUAL	01:04:15
53	1048	CATARINA JOSE	27	F2039	F	INDIVIDUAL	01:04:41
54	553	ANA LOPES	33	F2039	F	GDR AMADOR	01:04:48
55	1103	ROSA MARQUES	38	F2039	F	OS TUGAS	01:05:45
56	969	TERESA TAMPINHO	39	F2039	F	INDIVIDUAL	01:06:12
57	609	CARLA VIEIRA	24	F2039	F	FITNESS PREMIUM	01:08:21
58	673	ANA SANTOS	35	F2039	F	INDIVIDUAL	01:08:21
59	593	SOFIA DUARTE	31	F2039	F	INDIVIDUAL	01:08:22
60	660	VANESSA JOSÉ	32	F2039	F	INDIVIDUAL	01:08:22
61	952	MARLENE OLIVEIRA	38	F2039	F	INDIVIDUAL	01:11:16
62	706	ANA LUÍSA JAIME	27	F2039	F	TARTARUGAS	01:16:13
63	1106	RAQUEL B MENDES	35	F2039	F	OS TUGAS	01:16:14
64	1057	KIKA FALÇAO	28	F2039	F	ACC TEAM	01:18:05
65	1042	LILIANA GOMES	32	F2039	F	INDIVIDUAL	01:20:44

Senior Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo	
1	6	NELSON CRUZ	33	M2039	M				GDR PRAIA SALEMA	00:30:13	1
2	16	ROMAN PRODIUS	30	M2039	M				INDIVIDUAL	00:30:41	
3	2	CARLOS SILVA	29	M2039	M				SPORTING CP	00:31:00	1
4	10	BRUNO FRAGA	34	M2039	M				GDR REBOLEIRA/GFD	00:31:27	1
5	12	JOAO VIEIRA	33	M2039	M				GDR REBOLEIRA/GFD	00:31:28	
6	14	CARLOS CARDOSO	30	M2039	M				GDR REBOLEIRA/GFD	00:31:46	
7	7	LUIS GINJA	38	M2039	M				GDR REBOLEIRA/GFD	00:32:24	
8	510	ALEXEI SCUTARU	39	M2039	M				CRD ARRUDENSE	00:32:24	
9	325	PEDRO GOMES	34	M2039	M				ODIMARQ ALUMINIOS	00:32:41	
10	1007	HUGO GONÇALVES	33	M2039	M				CR LEOES P SALVO	00:33:16	
11	285	PAULO PINHEIRO	34	M2039	M	1			MARATONA CP	00:33:27	
12	220	ALEXANDRE PINHEIRO	32	M2039	M				GD MACEDO OCULISTA	00:33:45	
13	1002	RICARDO VALE	29	M2039	M	1			CR LEOES P SALVO	00:33:53	
14	1001	RICARDO PEREIRA	34	M2039	M				CR LEOES P SALVO	00:34:33	
15	936	MARCO GRILEIRO	32	M2039	M				AA MAFRA	00:34:42	
16	11	PEDRO GIL	39	M2039	M				GDR REBOLEIRA/GFD	00:35:01	
17	949	JORGE ALVES	21	M2039	M				GAB FISIO DESPORTO	00:35:06	
18	338	MARIO CASSACA	39	M2039	M				GARMIN/ CO OEIRAS	00:35:23	
19	368	FERNANDO GOMES	38	M2039	M				UNIDOS MANUTENÇÃO	00:36:07	
20	994	DOMINGOS CARNEIRO	38	M2039	M				CR LEOES P SALVO	00:36:09	
21	948	HUGO GONÇALVES	34	M2039	M				GAB FISIO DESPORTO	00:36:14	
22	1090	FLAVIO NUNES	28	M2039	M				INDIVIDUAL	00:36:39	
23	1101	RICARDO FRANCO	27	M2039	M				INDIVIDUAL	00:37:50	
24	467	JOSE BORGES	35	M2039	M				INDIVIDUAL	00:37:58	
25	284	RUI M S CORREIA	35	M2039	M				GDCT IN CASA MOEDA	00:38:07	
26	916	PAULO BENEVENTE	32	M2039	M	1			AMIGOS PARQUE PAZ	00:38:11	
27	1072	PEDRO LUIS	37	M2039	M				CDR AGUIAS UNIDAS	00:38:14	
28	276	PAULO ALVES	34	M2039	M				GDCT IN CASA MOEDA	00:38:23	
29	695	JOAO XAVIER	39	M2039	M				INDIVIDUAL	00:39:09	
30	537	RICARDO CABO	22	M2039	M				INDIVIDUAL	00:39:24	
31	209	HAMILTON DIAS	36	M2039	M				GD SANTANDER TOTTA	00:39:53	
32	355	HUGO MONTEIRO	25	M2039	M				PUPILOS EXERCITO	00:39:53	
33	96	NUNO PITA	36	M2039	M				CCDT METRO LX	00:39:59	
34	974	ANDRE JESUS	25	M2039	M				C ORIENTAL LISBOA	00:40:00	
35	279	NUNO SOUSA	38	M2039	M				GDCT IN CASA MOEDA	00:40:03	
36	213	JOAO JESUS	36	M2039	M				GD SANTANDER TOTTA	00:40:07	
37	939	LUIS F VALENTE	39	M2039	M				C ORIENTAL LISBOA	00:40:24	
38	267	CANDIDO CUNHA	31	M2039	M				CR CRUZ PAU	00:40:25	
39	509	DIOGO SILVA	28	M2039	M				INDIVIDUAL	00:40:28	
40	640	RUI ALMEIDA	35	M2039	M				CLUBE VODAFONE	00:40:34	
41	448	DIOGO FELISBERTO	25	M2039	M				INDIVIDUAL	00:40:39	

42	958	ROGERIO FAZENDA	32	M2039	M	INDIVIDUAL	00:40:44
43	361	TIAGO CORREIA	26	M2039	M	PUPILOS EXERCITO	00:40:46
44	141	FABRICIO DIAS	30	M2039	M 1	ANDDI PORTUGAL	00:40:49
45	563	JOSÉ DUARTE	32	M2039	M	INDIVIDUAL	00:40:53
46	300	PEDRO SEMEDO	39	M2039	M 1	GCA NAV PORTO	00:40:57
47	387	VEACESLAV IGNAT	33	M2039	M	GD JOANINHAS LEIAO	00:40:59
48	600	PEDRO MARQUES	36	M2039	M	INDIVIDUAL	00:41:01
49	95	NUNO AZEVEDO	33	M2039	M	CCDT METRO LX	00:41:04
50	912	CARLOS CERQUEIRA	34	M2039	M	TARTARUGAS	00:41:15
51	105	GONÇALO FERREIRA	39	M2039	M	GD INE	00:41:17
52	106	MARCOS OLIVEIRA	38	M2039	M	GD INE	00:41:20
53	560	LUIS NEVES	33	M2039	M	MARINHAIS AC	00:41:26
54	634	ROMULO TEIXEIRA	33	M2039	M	CLUBE VODAFONE	00:41:28
55	508	VITOR LEBRE	36	M2039	M	INDIVIDUAL	00:41:32
56	380	PEDRO PEREIRA	36	M2039	M	MISTER TEAM	00:41:46
57	481	LUIS BATATA	34	M2039	M	INDIVIDUAL	00:41:56
58	473	VALTER MORAIS	28	M2039	M	INDIVIDUAL	00:42:00
59	65	JOAO PASTOR	39	M2039	M	AA MAFRA	00:42:04
60	980	JOAO AFONSO	36	M2039	M	INDIVIDUAL	00:42:11
61	1038	JOAO GUEDES	38	M2039	M	INDIVIDUAL	00:42:18
62	519	SÉRGIO MARTINS	34	M2039	M	INDIVIDUAL	00:42:23
63	534	MARCO LOURENÇO	33	M2039	M	INDIVIDUAL	00:42:28
64	599	JOSE B P DIAS	21	M2039	M	INDIVIDUAL	00:42:28
65	1098	NUNO PIMENTA	34	M2039	M	INDIVIDUAL	00:42:43
66	557	GONÇALO FERREIRA	38	M2039	M	INDIVIDUAL	00:42:45
67	1047	ANTONIO S HENRIQUES	39	M2039	M	INDIVIDUAL	00:42:51
68	543	JOSE AUGUSTO	39	M2039	M	FALÇOES SELVAGES	00:42:52
69	352	ALBERTINO MOTA	32	M2039	M	GE OS ECONOMICOS	00:43:01
70	280	CARLOS CRISTOVAO	36	M2039	M	GDCT IN CASA MOEDA	00:43:09
71	108	NUNO MARTINS	39	M2039	M	GD INE	00:43:11
72	1137	LUIS GOMES	27	M2039	M	INDIVIDUAL	00:43:16
73	965	FILIPE ENCARNAÇÃO	27	M2039	M	GANG IMPERIAIS	00:43:18
74	208	CARLOS TEIXEIRA	39	M2039	M	GD SANTANDER TOTTA	00:43:21
75	150	LUIS FERREIRA	32	M2039	M	CA GALINHEIRAS	00:43:30 1
76	1056	NUNO M PEREIRA	35	M2039	M	ACC TEAM	00:43:50
77	636	JOAO ROSA	36	M2039	M	CLUBE VODAFONE	00:43:57
78	1063	NUNO CARMO	37	M2039	M	INDIVIDUAL	00:44:02
79	1039	SANDRO JORDAO	30	M2039	M	INDIVIDUAL	00:44:03
80	513	ALEXANDRE VAZ	38	M2039	M	INDIVIDUAL	00:44:04
81	604	HELDER MARTINHO	28	M2039	M	INDIVIDUAL	00:44:17
82	617	EDUARDO LUÍS	33	M2039	M	ATOMIC TEAM	00:44:18
83	984	HUGO TAVARES	28	M2039	M	INDIVIDUAL	00:44:21
84	694	RICARDO ENGUIÇA	33	M2039	M	INDIVIDUAL	00:44:24
85	455	JOAO REVES	37	M2039	M	INDIVIDUAL	00:44:37
86	374	HELDER VAZ	31	M2039	M	CCD SINTRENSE	00:44:40
87	576	ANDRE SILVA	23	M2039	M	INDIVIDUAL	00:44:40
88	966	ANTONIO FIGUEIREDO	31	M2039	M	GANG IMPERIAIS	00:44:41

89	340	TIAGO AVELAS	36	M2039	M	SS CGD	00:44:51
90	1049	EDUARDO RIBEIRO	27	M2039	M	INDIVIDUAL	00:44:57
91	412	ARMANDO CORREIA	29	M2039	M	SC CASAINHOS	00:45:00
92	496	EDILSON A SILVA	35	M2039	M	INDIVIDUAL	00:45:00
93	466	PAULO PEREIRA	38	M2039	M	INDIVIDUAL	00:45:01
94	963	MIGUEL MENEZES	39	M2039	M	INDIVIDUAL	00:45:10
95	715	SÉRGIO M PEREIRA	37	M2039	M	PAACID	00:45:12
96	1064	JOAO L FERNANDES	32	M2039	M	INDIVIDUAL	00:45:19
97	411	MANUEL BENTO	35	M2039	M	SC CASAINHOS	00:45:29
98	480	RUI BATATA	30	M2039	M	INDIVIDUAL	00:45:30
99	672	JORGE M MONTEIRO	39	M2039	M	INDIVIDUAL	00:45:38
100	932	GHEORGHE TICU	21	M2039	M	INDIVIDUAL	00:45:43
101	110	PEDRO C MOREIRA	38	M2039	M	GD INE	00:45:53
102	53	NUNO MONTEIRO	31	M2039	M	RUNNING OF D MARIA	00:45:54
103	371	RICARDO CEBOLA	29	M2039	M	UNIDOS MANUTENÇÃO	00:46:07
104	588	ANDRE FERNANDES	36	M2039	M	INDIVIDUAL	00:46:12
105	979	FILIPE GOULÃO	32	M2039	M	INDIVIDUAL	00:46:14
106	652	JOSE PEQUENO	36	M2039	M	CD GRUPO BES	00:46:15
107	632	PAULO TRILHO	36	M2039	M	CLUBE VODAFONE	00:46:25
108	1053	JORGE SEBASTIAO	36	M2039	M	INDIVIDUAL	00:46:32
109	379	PAULO SOUSA	38	M2039	M	MISTER TEAM	00:46:37
110	236	LUIS MACEDO	32	M2039	M	GD MACEDO OCULISTA	00:46:41
111	688	RUI MADRUGA	29	M2039	M	INDIVIDUAL	00:46:44
112	721	NUNO SILVA	36	M2039	M	INDIVIDUAL	00:46:49
113	130	PEDRO BURGUETTE	36	M2039	M	AÇOREANA C BANIF	00:46:59
114	167	PEDRO DIAS	37	M2039	M	GDOA	00:46:59
115	369	GIL ALVES	35	M2039	M	UNIDOS MANUTENÇÃO	00:47:04
116	1036	JOSE FERREIRA	30	M2039	M	INDIVIDUAL	00:47:04
117	1086	NUNO M B MARTINS	39	M2039	M	INDIVIDUAL	00:47:05
118	651	RUI GAMEIRO	38	M2039	M	CD GRUPO BES	00:47:06
119	428	MARCO P O COSTA	33	M2039	M	INDIVIDUAL	00:47:08
120	957	CÉSAR SANTOS	39	M2039	M	INDIVIDUAL	00:47:08
121	973	RICARDO ARRAIAS	39	M2039	M	INDIVIDUAL	00:47:08
122	1083	ANDRE SILVA	26	M2039	M	INDIVIDUAL	00:47:12
123	399	RICARDO FONSECA	27	M2039	M	GD CIMPOR	00:47:13
124	529	ALBERTO MARINHO	33	M2039	M	INDIVIDUAL	00:47:16
125	242	PAULO MARQUES	34	M2039	M	NS SAO MIGUEL	00:47:24
126	928	JOAO RIJO	24	M2039	M	INDIVIDUAL	00:47:26
127	413	NELSON DIAS	28	M2039	M	SC CASAINHOS	00:47:27
128	1082	CARLOS HENRIQUES	34	M2039	M	CANHOES	00:47:38
129	705	BRUNO PETRÓNIO	34	M2039	M	TARTARUGAS	00:47:39
130	1089	PAULO PERALTA	39	M2039	M	INDIVIDUAL	00:47:46
131	111	PEDRO GOMES	26	M2039	M	GD INE	00:47:54
132	431	CARLOS MIRANDA	35	M2039	M	INDIVIDUAL	00:47:57
133	670	PEDRO FERNANDES	39	M2039	M	CASCAIS PANDILHA	00:48:00
134	131	PEDRO SOUSA	30	M2039	M	AÇOREANA C BANIF	00:48:01
135	713	ADOLFO NUNES	34	M2039	M	PAACID	00:48:03

136	464	DAMIAO SANTOS	36	M2039	M	INDIVIDUAL	00:48:04
137	1018	CARLOS MACHADO	35	M2039	M	INDIVIDUAL	00:48:06
138	953	PEDRO MACEDO	31	M2039	M	INDIVIDUAL	00:48:08
139	281	VITOR CARDOSO	34	M2039	M	GDCT IN CASA MOEDA	00:48:11
140	719	RUI MACHINHO	35	M2039	M	INDIVIDUAL	00:48:13
141	964	RICARDO FRANCO	39	M2039	M	INDIVIDUAL	00:48:14
142	664	HEITOR GOMES	39	M2039	M	GEORUNNERS	00:48:15
143	914	JOAO OLIVEIRA	35	M2039	M	GDA	00:48:15
144	618	SANDRO PINTO	36	M2039	M	INDIVIDUAL	00:48:25
145	1024	ALEXANDRE ABADE	37	M2039	M	INDIVIDUAL	00:48:27
146	918	JOSE CARREIRAS	37	M2039	M	INDIVIDUAL	00:48:29
147	511	LUIS XAVIER	39	M2039	M	INDIVIDUAL	00:48:31
148	976	SÉRGIO B PEDRO	29	M2039	M	INDIVIDUAL	00:48:33
149	677	DAVID CRUZ	24	M2039	M	INDIVIDUAL	00:48:42
150	156	TOMAS SOUSA	35	M2039	M	OS SUPER	00:48:44
151	66	LUIS SANTOS	38	M2039	M	AA MAFRA	00:48:45
152	568	JOSE SILVA	26	M2039	M	INDIVIDUAL	00:48:47
153	972	JOAO CABANAS	30	M2039	M	SQUADRA	00:48:48
154	1091	TIAGO CANHOTO	39	M2039	M	INDIVIDUAL	00:48:48
155	562	JOSE LEAL	35	M2039	M	MARINHAI AC	00:48:49
156	500	ALEXANDRE E SANTO	30	M2039	M	INDIVIDUAL	00:48:52
157	1094	MIGUEL RAMALHO	30	M2039	M	VALADARES	00:48:57 1
158	1104	TIAGO B MENDES	38	M2039	M	OS TUGAS	00:49:01
159	161	FERNANDO FARIA	31	M2039	M	FARIAS E NAVALHAS	00:49:09
160	1067	NUNO ESPANA	29	M2039	M	INDIVIDUAL	00:49:13
161	671	TIAGO COSTA	37	M2039	M	CASCAIS PANDILHA	00:49:14
162	1062	VITOR LEMOS	31	M2039	M	INDIVIDUAL	00:49:19
163	582	MAURICIO ANTUNES	27	M2039	M	INDIVIDUAL	00:49:20
164	169	TIAGO BASTOS	34	M2039	M	ORISTARS FARELO	00:49:23
165	655	JOAO TOMÁS	37	M2039	M	CD GRUPO BES	00:49:23
166	162	ANDRE TAVARES	23	M2039	M	FARIAS E NAVALHAS	00:49:26
167	1136	MARCO MONTEIRO	36	M2039	M	NUCLEOEIRAS/	00:49:27
168	426	BERNARDO BORDALO	31	M2039	M	INDIVIDUAL	00:49:40
169	685	RENATO CARVALHO	29	M2039	M	INDIVIDUAL	00:49:43
170	50	MIGUEL TEIXEIRA	32	M2039	M	RUNNING OF D MARIA	00:49:46
171	507	MOISES CARDOSO	33	M2039	M	INDIVIDUAL	00:49:47
172	734	CARLOS CORREIA	35	M2039	M	GE OS ECONOMICOS	00:49:49
173	444	TIAGO FERREIRA	29	M2039	M	INDIVIDUAL	00:50:04
174	463	CARLOS M SILVA	39	M2039	M	INDIVIDUAL	00:50:08
175	637	ALEXANDRE COSTA	35	M2039	M	CLUBE VODAFONE	00:50:12
176	909	FREDERICO CARDONA	32	M2039	M	TARTARUGAS	00:50:14
177	910	PEDRO PEREIRA	33	M2039	M	TARTARUGAS	00:50:19
178	1080	CARLOS COSTA	37	M2039	M	CANHOES	00:50:20
179	603	RUI MATOS	34	M2039	M	INDIVIDUAL	00:50:24
180	312	LUIS LOUREIRO	30	M2039	M	CCD EFACEC LX	00:50:27
181	419	JOAO P FERNANDES	39	M2039	M	INDIVIDUAL	00:50:32
182	56	EDUARDO BRITO	38	M2039	M	RUNNING OF D MARIA	00:50:33

183	978	JOSE LOURENÇO	36	M2039	M	INDIVIDUAL	00:50:35
184	591	HUGO CRAVIDÃO	36	M2039	M	INDIVIDUAL	00:50:37
185	942	JORGE H P LOPES	27	M2039	M	INDIVIDUAL	00:50:38
186	314	HUGO PRATAS	27	M2039	M	CCD EFACEC LX	00:50:41
187	67	RUI PASTOR	39	M2039	M	AA MAFRA	00:50:44
188	359	ANTONIO BASTOS	39	M2039	M	PUPILOS EXERCITO	00:50:46
189	372	CARLOS MARINA	37	M2039	M	CCD SINTRENSE	00:50:49
190	729	PEDRO CARDOSO	38	M2039	M	INDIVIDUAL	00:51:13
191	1130	SERGIO LUIS	35	M2039	M	INDIVIDUAL	00:51:22
192	739	NUNO CLEMENTE	38	M2039	M	CARAP AUS CORRIDA	00:51:28
193	512	SERGIO SALVADO	35	M2039	M	INDIVIDUAL	00:51:29
194	699	ALEXANDRE NEVES	37	M2039	M	INDIVIDUAL	00:51:30
195	393	RICARDO CAPELO	27	M2039	M	GD CIMPOR	00:51:39
196	977	PEDRO CARVALHO	39	M2039	M	INDIVIDUAL	00:51:41
197	1025	TIAGO MARTINS	29	M2039	M	INDIVIDUAL	00:52:12
198	290	RICARDO RODRIGUES	35	M2039	M	SS CGD	00:52:34
199	669	JOAO S REIS	39	M2039	M	CASCAIS PANDILHA	00:52:36
200	1030	RUI MARTINS	38	M2039	M	TANGAS	00:52:51
201	1046	BRUNO MARQUES	29	M2039	M	INDIVIDUAL	00:52:53
202	718	JOÃO D STOFFEL	29	M2039	M	PAACID	00:53:14
203	615	FERNANDO NUNES	36	M2039	M	INDIVIDUAL	00:53:28
204	558	DANIEL VILABRIL	32	M2039	M	PERNAS GAFANHOTO	00:53:32
205	538	RICARDO H SOUSA	37	M2039	M	INDIVIDUAL	00:53:33
206	546	MAURO TEIXEIRA	31	M2039	M	TOCANDAR	00:53:37
207	1050	ANTONIO NORTE	36	M2039	M	INDIVIDUAL	00:53:38
208	567	DAVID LI	37	M2039	M	INDIVIDUAL	00:53:39
209	182	RICARDO PEREIRA	32	M2039	M	SL CAMPOLIDE	00:53:44
210	277	JOSE LIBERATO	35	M2039	M	GDCT IN CASA MOEDA	00:53:46
211	330	RICARDO J A L DIAS	33	M2039	M	CCDT METRO LX	00:54:02
212	701	IVO ROSA	27	M2039	M	INDIVIDUAL	00:54:02
213	985	EDUARDO CASTELA	28	M2039	M	INDIVIDUAL	00:54:06
214	495	RUI ALMEIDA	34	M2039	M	INDIVIDUAL	00:54:14
215	89	HUGO PINTO	36	M2039	M	CCDT METRO LX	00:54:30
216	955	ANDRE M MARTINS	23	M2039	M	INDIVIDUAL	00:54:36
217	487	PEDRO M SILVA	39	M2039	M	INDIVIDUAL	00:54:42
218	727	PAULO ENES	38	M2039	M	GYM 2010	00:54:42
219	521	NUNO PERALTA	37	M2039	M	INDIVIDUAL	00:54:43
220	1032	CARLOS SEMIDE	37	M2039	M	INDIVIDUAL	00:55:01
221	1105	LUIS F MARCELINO	39	M2039	M	OS TUGAS	00:55:07
222	397	FRANCISCO SIMAO	29	M2039	M	GD CIMPOR	00:55:24
223	610	FILIFE PEREIRA	27	M2039	M	FITNESS PREMIUM	00:55:29
224	656	CARLOS OLIVEIRA	36	M2039	M	CD GRUPO BES	00:55:38
225	658	RICARDO SILVA	34	M2039	M	CD GRUPO BES	00:55:38
226	565	JOSE P PINTO	32	M2039	M	INDIVIDUAL	00:55:56
227	601	SERGIO CASTRO	32	M2039	M	INDIVIDUAL	00:56:05
228	1058	IGOR OLIVEIRA	28	M2039	M	ACC TEAM	00:56:12
229	1079	HUGO REGO	30	M2039	M	INDIVIDUAL	00:56:23

230	1061	BRUNO E AUGUSTO	30	M2039	M	INDIVIDUAL	00:56:30	
231	581	FABIO CAPITÃO	20	M2039	M	INDIVIDUAL	00:56:39	
232	1097	GONÇALO MALHEIRO	39	M2039	M	INDIVIDUAL	00:56:40	
233	696	PEDRO RUA	35	M2039	M	INDIVIDUAL	00:56:50	
234	732	NUNO ANDRADE	39	M2039	M	INDIVIDUAL	00:56:50	
235	700	SERGIO NICOLAU	34	M2039	M	INDIVIDUAL	00:56:53	
236	1033	ANTONIO P TEIXEIRA	35	M2039	M	INDIVIDUAL	00:57:03	
237	1112	LUIS CALHEIROS	37	M2039	M	INDIVIDUAL	00:57:10	
238	460	PEDRO NUNES	31	M2039	M	INDIVIDUAL	00:57:29	
239	348	ALEXANDRE VAZ	38	M2039	M	GE OS ECONOMICOS	00:57:32	1
240	385	PAULO COSTA	35	M2039	M	AMIGOS ESTRELA	00:57:32	
241	937	NELSON PARCELAS	31	M2039	M	AA MAFRA	00:57:44	
242	36	MIGUEL BARATA	38	M2039	M	C FERROV PORTUGAL	00:58:15	
243	597	MIGUEL FERRAZ	24	M2039	M	INDIVIDUAL	00:58:23	
244	83	PEDRO VICENTE	39	M2039	M	DEZ PRAS ONZE	00:58:39	
245	1060	RICARDO ALVES	31	M2039	M	ACC TEAM	00:58:39	
246	1044	JOAO NUNES	28	M2039	M	INDIVIDUAL	00:58:41	
247	1102	LUIS SANTOS	39	M2039	M	OS TUGAS	00:58:41	
248	416	RICARDO CORTEZ	35	M2039	M	INDIVIDUAL	00:59:18	
249	1123	LUIS SOUSA	37	M2039	M	ACADEMIA LUMIAR	00:59:25	
250	740	ANGELO MARCOS	30	M2039	M	INDIVIDUAL	00:59:37	
251	712	NUNO P ROSA	35	M2039	M	PAACID	00:59:42	
252	40	PAULO BARATA	37	M2039	M	C FERROV PORTUGAL	00:59:46	
253	683	ANTONIO C NOVAS	33	M2039	M	GODINHO	00:59:59	
254	931	NUNO SOUSA	38	M2039	M	INDIVIDUAL	01:00:00	
255	987	BRUNO ALBERTO	37	M2039	M	INDIVIDUAL	01:00:05	
256	183	MARCO CRUZ	33	M2039	M	CR ALVORADA	01:00:13	
257	629	PEDRO JOSÉ	28	M2039	M	INDIVIDUAL	01:00:37	
258	650	NUNO PINTO	38	M2039	M	CD GRUPO BES	01:00:47	
259	421	BRUNO VIEIRA	37	M2039	M	INDIVIDUAL	01:01:07	
260	132	RICARDO ALVES	29	M2039	M	AÇOREANA C BANIF	01:01:15	
261	661	JOAO V SANTOS	35	M2039	M	INDIVIDUAL	01:01:24	
262	457	RUI FREIXO	26	M2039	M	INDIVIDUAL	01:01:33	
263	461	RICARDO MACHADO	37	M2039	M	INDIVIDUAL	01:01:35	
264	1133	CARLOS SEIXAS	31	M2039	M	INDIVIDUAL	01:01:35	1
265	690	RICARDO SOUSA	33	M2039	M	CCD EFACEC LX	01:01:59	
266	1066	ANTONIO M PEREIRA	35	M2039	M	INDIVIDUAL	01:02:16	
267	628	JOAO CRAVO	27	M2039	M	INDIVIDUAL	01:02:23	
268	392	LUIS RICARDO	38	M2039	M	GD CIMPOR	01:02:50	
269	391	NUNO SANTOS	31	M2039	M	GD CIMPOR	01:02:51	
270	46	FABIO SANTOS	23	M2039	M	RUNNING OF D MARIA	01:03:15	
271	282	PAULO PIRES	34	M2039	M	GDCT IN CASA MOEDA	01:03:33	1
272	523	GONÇALO PRATA	32	M2039	M	INDIVIDUAL	01:03:54	
273	1125	NUNO SILVA	29	M2039	M	INDIVIDUAL	01:04:22	
274	552	NUNO M R CARVALHO	34	M2039	M	GDR AMADOR	01:04:48	
275	733	DAVID LOPES	33	M2039	M	INDIVIDUAL	01:07:30	
276	358	PAULO MORAIS	38	M2039	M	PUPILOS EXERCITO	01:07:43	

277	986	ANDRE SIMÕES	37	M2039	M	INDIVIDUAL	01:07:51
278	1100	TIAGO POMBINHO	25	M2039	M	INDIVIDUAL	01:09:43
279	1085	PAULO TIMOTEO	31	M2039	M	INDIVIDUAL	01:09:49
280	1095	LUIS GONÇALVES	31	M2039	M	INDIVIDUAL	01:12:48
281	1117	MIGUEL QUINTANILHA	35	M2039	M	INDIVIDUAL	01:20:44
282	1144	JOAQUIM CARDOSO	39	M2039	M	AMIGOS PARQUE PAZ	01:21:13

Veterana 1 Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	968	ALICE BASILIO	41	F4044	F				AA MAFRA	00:39:25
2	747	CHANTAL XHERVELLE	43	F4044	F				AM CASAL FIGUEIRAS	00:39:31
3	225	CARLA PINTO	40	F4044	F				GD MACEDO OCULISTA	00:44:18
4	993	LUÍSA SANTO	44	F4044	F				CR LEOES P SALVO	00:47:12
5	58	ISABEL RODRIGUES	40	F4044	F				GARMIN/ CO OEIRAS	00:48:19
6	143	ISABEL SANTOS	42	F4044	F				IGREJA UNIFICAÇÃO	00:49:58
7	73	CECILIA NICOLAU	44	F4044	F				AA LEBRES SADO	00:50:17
8	376	ELSA DESIDERIO	41	F4044	F				CCD SINTRENSE	00:50:49
9	1020	ANA MARTINS	44	F4044	F				INDIVIDUAL	00:51:00
10	621	FÁTIMA GONÇALVES	44	F4044	F				OS TUGAS	00:51:11
11	1139	Mª LURDES ANTONIO	41	F4044	F				INDIVIDUAL	00:52:08
12	1074	GORETE CAPUCHO	44	F4044	F				CDR AGUIAS UNIDAS	00:52:53 1
13	950	MARGARIDA PINTO	40	F4044	F				GAB FISIO DESPORTO	00:53:24
14	1004	MARIA ANTON	44	F4044	F				CR LEOES P SALVO	00:55:13
15	1111	ANA SILVEIRA	42	F4044	F				X-TRA	00:56:02
16	692	CARLA TEIXEIRA	40	F4044	F				INDIVIDUAL	00:56:22
17	298	PAULA COSTA	40	F4044	F				SS CGD	00:59:31
18	148	CARLA PEREIRA	40	F4044	F				CCD SEGURANÇA	01:01:14
19	1110	MARGARIDA EGEA	43	F4044	F				X-TRA	01:01:31
20	649	ALEXANDRINA FILIPE	40	F4044	F				CD GRUPO BES	01:02:36
21	293	CLAUDIA LOURENÇO	40	F4044	F				SS CGD	01:02:38
22	1109	CRISTINA PEREZ	42	F4044	F				X-TRA	01:06:35
23	180	DINA FONSECA	42	F4044	F				SL CAMPOLIDE	01:08:02
24	630	LEONOR AZEVEDO	40	F4044	F				CLUBE VODAFONE	01:09:36
25	436	ANA LOPES	42	F4044	F				INDIVIDUAL	01:14:20
26	613	ANA I PEREIRA	43	F4044	F				FITNESS PREMIUM	01:30:38

Veterana 2 Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	1034	LUCILIA SOARES	49	F4549	F				SL BENFICA	00:41:22
2	1092	ISABEL MALDONADO	48	F4549	F				GR QTA LOMBA	00:41:49
3	61	PAULA FERNANDES	47	F4549	F				GARMIN/ CO OEIRAS	00:42:10
4	62	PAULA LEMOS	45	F4549	F				GARMIN/ CO OEIRAS	00:43:31
5	619	GRAÇA ROLDÃO	47	F4549	F				OS TUGAS	00:46:26
6	1068	TINA OLIVEIRA	47	F4549	F				CDR AGUIAS UNIDAS	00:47:10
7	202	LIDIA LOPES	49	F4549	F				GD SANTANDER TOTTA	00:48:10
8	1009	MARIA PEDRO	47	F4549	F				CR LEOES P SALVO	00:48:19
9	594	CELIA NUNO	45	F4549	F				INDIVIDUAL	00:53:42
10	398	MARIA FERNANDES	48	F4549	F				GD CIMPOR	00:53:51
11	77	ANABELA OLIVEIRA	48	F4549	F				DEZ PRAS ONZE	00:54:58
12	927	MARIA MARQUES	49	F4549	F				INDIVIDUAL	00:58:25
13	1140	DULCE VARZEA	45	F4549	F				INDIVIDUAL	00:58:39
14	524	MARIA RODRIGUES	48	F4549	F				IMPARAVEIS	00:59:30
15	935	SUSANA DIAS	45	F4549	F				INDIVIDUAL	00:59:34
16	547	ROSA FEIO	45	F4549	F				TOCANDAR	01:04:17
17	990	MARIA ALMEIDA	48	F4549	F				CR LEOES P SALVO	01:05:05
18	704	PAULA JACOB	46	F4549	F				TARTARUGAS	01:08:26
19	674	Mª JOAO R SILVA	48	F4549	F				INDIVIDUAL	01:12:40

Veterana 3 Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	967	HELENA MARTINS	50	F5099	F				AA MAFRA	00:42:35
2	1013	FATIMA SANTOS	60	F5099	F				CR LEOES P SALVO	00:43:41
3	575	Mª ROSA CARITA	51	F5099	F				OS INDIVIDUAIS	00:45:10
4	1126	MARGARIDA GODINHO	52	F5099	F				INDIVIDUAL	00:46:00
5	244	ISABEL CABRAL	53	F5099	F				NS SAO MIGUEL	00:47:50
6	152	Mª ORLETE MENDES	61	F5099	F				CA GALINHEIRAS	00:48:19
7	429	Mª CIDALIA OLIVEIRA	51	F5099	F				INDIVIDUAL	00:51:27
8	245	EUGENIA VALE	56	F5099	F				NS SAO MIGUEL	00:52:42
9	230	ISABEL REIS	51	F5099	F				GD MACEDO OCULISTA	00:53:26
10	484	TEREZA KNAPIC	59	F5099	F				INDIVIDUAL	00:53:43
11	219	PAULA FIGUEIREDO	54	F5099	F				GD SANTANDER TOTTA	00:54:18
12	999	FILOMENA AGUIÃ	51	F5099	F				CR LEOES P SALVO	00:54:26
13	350	MARIA FATUDA	52	F5099	F				GE OS ECONOMICOS	00:56:15
14	471	ISABEL NEVES	50	F5099	F				INDIVIDUAL	00:57:04
15	239	ROSINDA GONÇALVES	57	F5099	F				GD MACEDO OCULISTA	00:57:56
16	988	FERNANDA LUCAS	59	F5099	F				CR LEOES P SALVO	00:58:18
17	26	ANALICE SILVA	68	F5099	F				O MUNDO CORRIDA	00:58:39
18	157	MERCEDES FONSECA	55	F5099	F				OS SUPER	01:01:47
19	627	ISABEL C GUERRA	53	F5099	F				INDIVIDUAL	01:02:41
20	580	MADALENA RIBAS	56	F5099	F				INDIVIDUAL	01:03:03
21	117	IDALINA MADEIRA	50	F5099	F				AÇOREANA C BANIF	01:03:18
22	204	MARIA GERTRUDES	63	F5099	F				GD SANTANDER TOTTA	01:04:23
23	454	Mª CARMO ANJOS	65	F5099	F				INDIVIDUAL	01:06:14
24	119	MA FEE HUNG	61	F5099	F				AÇOREANA C BANIF	01:06:27
25	676	EMILIA REIS	51	F5099	F				INDIVIDUAL	01:08:17
26	533	FERNANDA BORGES	52	F5099	F				INDIVIDUAL	01:08:49
27	453	FOCK CHIU	61	F5099	F				INDIVIDUAL	01:12:49
28	989	ANA ISABEL	53	F5099	F				CR LEOES P SALVO	01:15:06
29	145	FATIMA CAEIRO	56	F5099	F				IGREJA UNIFICAÇÃO	01:21:35

Veterano 1 Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	13	JOAO MARQUES	42	M4044	M				GDR REBOLEIRA/GFD	00:32:21
2	1012	LUIS ALLEN	42	M4044	M				CR LEOES P SALVO	00:33:36
3	686	RICARDO MESTRE	40	M4044	M				GD CARRIS	00:34:03
4	951	ERNESTO FERREIRA	41	M4044	M				GAB FISIO DESPORTO	00:35:35
5	8	PAULO MOREIRA	42	M4044	M				GDR REBOLEIRA/GFD	00:35:40
6	241	ANTONIO SANTOS	44	M4044	M				GD MACEDO OCULISTA	00:35:41
7	1017	ANTONIO MURTEIRA	44	M4044	M				CR LEOES P SALVO	00:35:51
8	1075	RUI AFONSO	41	M4044	M				CDR AGUIAS UNIDAS	00:36:03
9	1073	JORGE AMARAL	43	M4044	M				CDR AGUIAS UNIDAS	00:37:11
10	373	ROGERIO AZEVEDO	41	M4044	M				CCD SINTRENSE	00:38:20 1
11	128	NUNO E SANTO	41	M4044	M				AÇOREANA C BANIF	00:38:29
12	288	FERNANDO CANDEIAS	40	M4044	M				SS CGD	00:38:35
13	226	CONSTANTINO ARAUJO	44	M4044	M				GD MACEDO OCULISTA	00:38:44
14	1070	PAULO ANTONIO	44	M4044	M				CDR AGUIAS UNIDAS	00:38:58
15	207	LUIS RAFAEL	40	M4044	M				GD SANTANDER TOTTA	00:38:59
16	944	RICARDO VAZ	41	M4044	M				GAB FISIO DESPORTO	00:39:11
17	1121	ARTUR BOTAO	42	M4044	M				ACADEMIA LUMIAR	00:39:17
18	1016	PEDRO GOUVEIA	43	M4044	M				CR LEOES P SALVO	00:39:22
19	365	RUI CARDOSO	40	M4044	M				UNIDOS MANUTENÇÃO	00:39:28
20	74	ANIBAL GASPAR	42	M4044	M				CCD O ALVITEJO	00:39:40
21	354	CARLOS PATO	40	M4044	M				PUPILOS EXERCITO	00:39:53
22	482	JOSE BARRINHA	41	M4044	M				INDIVIDUAL	00:40:17
23	126	JORGE CANTEIRO	42	M4044	M				AÇOREANA C BANIF	00:40:32
24	925	CARLOS PEDRO	40	M4044	M				C ORIENTAL LISBOA	00:40:45
25	407	ADOLFO LEAL	44	M4044	M				REST O CARTAXEIRO	00:41:15
26	198	ANTONIO CASTRO	42	M4044	M				GD SANTANDER TOTTA	00:41:22 1
27	532	CELSO GOUVEIA	44	M4044	M				INDIVIDUAL	00:41:40
28	212	ANTONIO FERREIRA	40	M4044	M				GD SANTANDER TOTTA	00:42:07
29	441	CARLOS JACINTO	42	M4044	M				INDIVIDUAL	00:42:14
30	133	RUI OLIVEIRA	41	M4044	M				AÇOREANA C BANIF	00:42:30
31	596	RUI PINELA	40	M4044	M				INDIVIDUAL	00:42:40
32	129	PAULO TORRAO	40	M4044	M				AÇOREANA C BANIF	00:42:44
33	723	ANTONIO S COSTA	44	M4044	M				INDIVIDUAL	00:42:55
34	344	PAULO LOPES	40	M4044	M				GE OS ECONOMICOS	00:43:01
35	654	LUIS LINO	42	M4044	M				CD GRUPO BES	00:43:05
36	998	LUÍS AIRES	40	M4044	M				CR LEOES P SALVO	00:43:07
37	1043	ARISTIDES MONTEIRO	41	M4044	M				INDIVIDUAL	00:43:26
38	971	RUI FERREIRA	40	M4044	M				REST O CARTAXEIRO	00:43:37
39	954	PEDRO AFONSO	44	M4044	M				INDIVIDUAL	00:43:52
40	303	ANTONIO RAMOS	43	M4044	M				CCD EFACEC LX	00:43:55
41	633	HELDER BRANCO	40	M4044	M				CLUBE VODAFONE	00:43:58

42	1114	PEDRO BASILIO	41	M4044	M	C ORIENTAL LISBOA	00:44:11	
43	501	JOAQUIM P MARQUES	42	M4044	M	INDIVIDUAL	00:44:21	
44	123	FAUSTO ISAAC	42	M4044	M	AÇOREANA C BANIF	00:44:24	
45	946	FERNANDO LOPES	41	M4044	M	GAB FISIO DESPORTO	00:44:24	
46	402	JOAO PAIVA	41	M4044	M	CLUBE ANACOM	00:44:27	
47	981	MIGUEL GOMES	41	M4044	M	INDIVIDUAL	00:44:29	
48	337	FERNANDO LUZ	42	M4044	M	GDCT UNICRE	00:44:33	
49	639	PEDRO LOURENÇO	42	M4044	M	CLUBE VODAFONE	00:44:57	
50	366	FELIPE SOUSA	40	M4044	M	UNIDOS MANUTENÇÃO	00:45:16	
51	579	ANTONIO MACHADO	41	M4044	M	INDIVIDUAL	00:45:16	
52	462	JORGE MIRANDA	44	M4044	M	1	INDIVIDUAL	00:45:19
53	149	JOSE COSTA	41	M4044	M	CA GALINHEIRAS	00:45:20	1
54	642	CARLOS ESTEVES	43	M4044	M	CLUBE VODAFONE	00:45:29	
55	1041	NELSON SANTOS	40	M4044	M	INDIVIDUAL	00:45:30	
56	336	FERNANDO GONÇALVES	44	M4044	M	GDCT UNICRE	00:45:54	
57	332	EDUARDO RIBEIRO	44	M4044	M	GDCT UNICRE	00:46:07	
58	125	FRANCISCO PEREIRA	44	M4044	M	AÇOREANA C BANIF	00:46:32	
59	246	ANTONIO GOMES	43	M4044	M	NS SAO MIGUEL	00:46:33	
60	121	ANTONIO GUEDES	41	M4044	M	AÇOREANA C BANIF	00:46:45	
61	577	ANTONIO R S JÚNIOR	44	M4044	M	INDIVIDUAL	00:46:49	
62	668	RICARDO MENDONÇA	41	M4044	M	CASCAIS PANDILHA	00:46:52	
63	479	FILIPE SA	40	M4044	M	INDIVIDUAL	00:47:15	
64	911	ISIDRO DUARTE	44	M4044	M	TARTARUGAS	00:47:39	
65	746	ABILIO MARINHO	42	M4044	M	CD ESTRELA	00:47:41	
66	724	LUIS BATISTA	41	M4044	M	INDIVIDUAL	00:47:43	
67	647	EDUARDO FIGUEIREDO	40	M4044	M	CD GRUPO BES	00:47:52	
68	39	JULIO MARTINS	44	M4044	M	C FERROV PORTUGAL	00:47:54	
69	1122	MANUEL MARTINS	42	M4044	M	ACADEMIA LUMIAR	00:48:08	
70	55	NORBERTO MARQUES	41	M4044	M	RUNNING OF D MARIA	00:48:29	
71	522	RAUL J MATOS	43	M4044	M	INDIVIDUAL	00:49:02	
72	725	RUI TRINDADE	42	M4044	M	CD ESTRELA	00:49:03	
73	127	MICHEL COSTA	40	M4044	M	AÇOREANA C BANIF	00:49:08	
74	1087	MIGUEL OLIVEIRA	41	M4044	M	VALADARES II	00:49:14	
75	214	ANTONIO NOBRE	40	M4044	M	GD SANTANDER TOTTA	00:49:16	
76	956	LUIS SANTOS	44	M4044	M	INDIVIDUAL	00:49:38	
77	339	ANTONIO FONSECA	42	M4044	M	SS CGD	00:49:42	
78	68	MIGUEL CASTELA	41	M4044	M	AA LEBRES SADO	00:50:03	
79	70	LUIS OLIVEIRA	42	M4044	M	AA LEBRES SADO	00:50:18	
80	620	RUI P RODRIGUES	44	M4044	M	OS TUGAS	00:50:35	
81	375	JOAO GONÇALVES	40	M4044	M	CCD SINTRENSE	00:50:49	1
82	51	RICARDO SIMOES	42	M4044	M	RUNNING OF D MARIA	00:51:02	
83	554	NUNO VEIGA	42	M4044	M	INDIVIDUAL	00:51:04	
84	140	PAULO LOURINHO	42	M4044	M	CAA BELEM	00:51:06	
85	659	PEDRO ANDRADE	41	M4044	M	CD GRUPO BES	00:51:10	
86	736	VITOR SANTOS	40	M4044	M	CARAPUS CORRIDA	00:51:28	
87	468	RODRIGO FERREIRA	42	M4044	M	INDIVIDUAL	00:51:30	
88	566	JOSE B XAVIER	42	M4044	M	INDIVIDUAL	00:51:34	

89	49	PAULO MARTINS	44	M4044	M	RUNNING OF D MARIA	00:51:39
90	99	RAFAEL SANTOS	44	M4044	M	CCDT METRO LX	00:51:40
91	665	MIGUEL LOPES	43	M4044	M	GEORUNNERS	00:52:00
92	60	LEONEL S JOSE	42	M4044	M	GARMIN/ CO OEIRAS	00:52:08
93	638	ANTONIO SIETRA	40	M4044	M	CLUBE VODAFONE	00:52:17
94	1143	PEDRO AMARAL	44	M4044	M	INDIVIDUAL	00:52:34
95	57	ANTONIO SUL	42	M4044	M	GARMIN/ CO OEIRAS	00:52:39
96	396	PAULO ASCENÇÃO	40	M4044	M	GD CIMPOR	00:53:08
97	1021	RUI P PEREIRA	41	M4044	M	INDIVIDUAL	00:53:11
98	197	JOSE PEREIRA	42	M4044	M	GD SANTANDER TOTTA	00:53:45
99	947	FERNANDO CASTANHEIRA	42	M4044	M	GAB FISIO DESPORTO	00:53:49
100	211	CARLOS PEREIRA	41	M4044	M	GD SANTANDER TOTTA	00:53:59
101	741	NUNO DUARTE	40	M4044	M	INDIVIDUAL	00:54:15
102	959	CARLOS SOUSA	44	M4044	M	APOGMA	00:54:47
103	215	LUIS COITO	41	M4044	M	GD SANTANDER TOTTA	00:55:02
104	941	VITOR M P GONCALVES	42	M4044	M	INDIVIDUAL	00:55:05
105	349	SETTA MACHADO	40	M4044	M	GE OS ECONOMICOS	00:55:46
106	983	VASCO ALPALHÃO	41	M4044	M	ALPALHAO	00:55:52
107	294	PAULO BAILAO	41	M4044	M	SS CGD	00:56:31
108	210	FABIO DIAS	40	M4044	M	GD SANTANDER TOTTA	00:56:45
109	92	JOSE L SANTOS	42	M4044	M	CCDT METRO LX	00:57:08
110	641	RUI ALVARES	42	M4044	M	CLUBE VODAFONE	00:57:33
111	923	RICARDO SOUSA	40	M4044	M	INDIVIDUAL	00:58:54
112	556	PEDRO MURTIHAL	40	M4044	M	INDIVIDUAL	00:58:55
113	297	JOSE DIMAS	43	M4044	M	SS CGD	00:59:32
114	1059	JOAO BRANCO	44	M4044	M	ACC TEAM	01:00:26
115	648	FERNANDO FILIPE	43	M4044	M	CD GRUPO BES	01:01:01
116	420	ANIBAL FERNANDES	44	M4044	M	INDIVIDUAL	01:01:06
117	945	RICARDO VAZ	41	M4044	M	INDIVIDUAL	01:02:58
118	166	JOSE NUNES	44	M4044	M	GDOA	01:06:36
119	291	MANUEL BRAS	43	M4044	M	SS CGD	01:08:00
120	299	PAULO CORREIA	44	M4044	M	SS CGD	01:09:28
121	698	JOAO SILVA	41	M4044	M	NA CNAS	01:11:31
122	572	NUNO MARQUES	41	M4044	M	SEMPRE EM FESTA	01:11:59

Veterano 2 Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	5	PEDRO PESSOA	45	M4549	M				GDR PRAIA SALEMA	00:32:42
2	9	EUGENIO NETO	49	M4549	M				GDR REBOLEIRA/GFD	00:32:44
3	996	ALEXANDRE SOARES	49	M4549	M				CR LEOES P SALVO	00:33:38
4	938	FERNANDO ALVES	45	M4549	M				AA MAFRA	00:33:45
5	1000	PAULO RAMOS	49	M4549	M				CR LEOES P SALVO	00:33:53
6	1010	ANTONIO MANETA	46	M4549	M				CR LEOES P SALVO	00:35:38
7	31	HUMBERTO VIAIS	48	M4549	M				C FERROV PORTUGAL	00:36:06
8	342	ANTONIO CARRILHO	47	M4549	M				GDC ESTRELA NEGRA	00:36:46
9	322	JOSE LOPES	45	M4549	M				ODIMARQ ALUMINIOS	00:36:48
10	1069	JOAQUIM CAPUCHO	49	M4549	M				CDR AGUIAS UNIDAS	00:37:05 1
11	247	JORGE RODRIGUES	45	M4549	M				NS SAO MIGUEL	00:37:10
12	730	JOSE SANTOS	46	M4549	M				INDIVIDUAL	00:37:18
13	1006	CARLOS MENDES	46	M4549	M				CR LEOES P SALVO	00:37:44
14	1096	LUIS M A N VALVERDE	46	M4549	M				INDIVIDUAL	00:38:06
15	353	LUIS PAULO	45	M4549	M				BAHIA	00:38:52
16	364	MANUEL SOARES	47	M4549	M				UNIDOS MANUTENÇÃO	00:39:04
17	137	JOSE NOBRE	48	M4549	M				SFUAP	00:39:12
18	249	PAULO NEVES	46	M4549	M				NS SAO MIGUEL	00:39:39
19	646	JOSE GONÇALVES	47	M4549	M				CD GRUPO BES	00:40:23
20	168	CARLOS M FERNANDES	49	M4549	M				GDOA	00:40:41
21	1015	JOAO SALVADO	45	M4549	M				CR LEOES P SALVO	00:40:55
22	1071	JAIME FIGUEIREDO	45	M4549	M				CDR AGUIAS UNIDAS	00:40:58
23	940	PEDRO C LIMA	45	M4549	M				INDIVIDUAL	00:41:26
24	265	RUI PINTO	46	M4549	M				CR CRUZ PAU	00:41:34
25	708	FILIPE CARVALHEIRO	48	M4549	M				INDIVIDUAL	00:41:41
26	697	ANTONIO FERNANDES	48	M4549	M				INDIVIDUAL	00:41:48
27	29	PAULO PORTUGAL	46	M4549	M				A VALE SILENCIO	00:41:49
28	1076	VITOR JORGE	49	M4549	M				CDR AGUIAS UNIDAS	00:42:21
29	173	DAVID PALMEIRO	45	M4549	M				SL CAMPOLIDE	00:42:29
30	323	JOAO ESTEVES	45	M4549	M				ODIMARQ ALUMINIOS	00:42:29
31	174	MANUEL FONSECA	48	M4549	M				SL CAMPOLIDE	00:42:51
32	78	MANUEL MENDES	46	M4549	M				DEZ PRAS ONZE	00:42:56
33	316	JOAO CALDAS	46	M4549	M				CLUBE AUTOCOOPE	00:43:28
34	530	ANTONIO RELVAS	49	M4549	M				INDIVIDUAL	00:43:30
35	559	JOSE E F PENA	47	M4549	M				INDIVIDUAL	00:43:40
36	309	JOAO SILVA	48	M4549	M				CCD EFACEC LX	00:44:06
37	175	ALFREDO VALENTE	48	M4549	M				SL CAMPOLIDE	00:44:13
38	616	VICTOR PINTO	48	M4549	M				ATOMIC TEAM	00:44:22
39	970	ARLINDO PAIXÃO	48	M4549	M				REST O CARTAXEIRO	00:44:38
40	76	AUGUSTO FERNANDES	47	M4549	M				DEZ PRAS ONZE	00:44:40
41	377	RICARDO FRADE	49	M4549	M				CCD SINTRENSE	00:44:41

42	490	PAULO J SANTOS	45	M4549	M	INDIVIDUAL	00:44:41
43	84	ANTONIO GONÇALVES	46	M4549	M	CCDT METRO LX	00:44:43
44	85	ANTONIO PEREIRA	47	M4549	M	CCDT METRO LX	00:44:43
45	378	LUIS F GAMA	48	M4549	M	AMIGOS PONTE FEIJAO	00:44:50
46	164	JOAQUIM VARANDA	49	M4549	M	GDOA	00:44:53
47	315	ANTONIO ALMEIDA	48	M4549	M	CLUBE AUTOCOOPE	00:45:16
48	287	EGIDIO SILVA	48	M4549	M	SS CGD	00:45:31
49	666	RUI P JULIÃO	46	M4549	M	GEORUNNERS	00:45:45
50	691	ALCEU ESTEVES	46	M4549	M	NS SAO MIGUEL	00:45:52
51	335	GONÇALO OLIVEIRA	49	M4549	M	GDCT UNICRE	00:45:54 1
52	439	HENRIQUE NARCISO	46	M4549	M	INDIVIDUAL	00:46:22
53	115	JORGE SERRA	45	M4549	M	AÇOREANA C BANIF	00:46:45
54	278	JOAO FREIRE	46	M4549	M	GDCT IN CASA MOEDA	00:47:19
55	104	FERNANDO CARVALHO	46	M4549	M	GD INE	00:47:22
56	573	JOSE FERREIRA	47	M4549	M	INDIVIDUAL	00:47:48
57	381	ARLINDO BRAS	47	M4549	M	AMIGOS ESTRELA	00:48:01
58	493	LUIS MARTINS	46	M4549	M	INDIVIDUAL	00:48:01
59	268	PAULO GOMES	46	M4549	M	CR CRUZ PAU	00:48:08
60	1127	RUBEN COSTA	47	M4549	M	INDIVIDUAL	00:48:16
61	675	FERNANDO MARTINHO	49	M4549	M	INDIVIDUAL	00:48:27
62	165	JOSE M ANDRADE	46	M4549	M	GDOA	00:48:31
63	1040	VITOR FERREIRA	47	M4549	M	INDIVIDUAL	00:48:44
64	216	LUCIO SILVA	45	M4549	M	GD SANTANDER TOTTA	00:48:47
65	456	ALBINO FERREIRA	47	M4549	M	INDIVIDUAL	00:48:47
66	693	JORGE CARREIRA	45	M4549	M	C ORIENTAL LISBOA	00:49:12
67	170	LUIS FARELO	46	M4549	M	ORISTARS FARELO	00:49:22
68	528	CARLOS M O SILVA	46	M4549	M	INDIVIDUAL	00:49:22
69	438	PEDRO S TRABUCHO	48	M4549	M	INDIVIDUAL	00:49:23
70	1128	GUILHERME ROSA	47	M4549	M	NA CNAS	00:49:33
71	333	PAULO FRANÇA	49	M4549	M	GDCT UNICRE	00:49:43
72	269	JOAO LOURENÇO	47	M4549	M	CR CRUZ PAU	00:49:46
73	962	JOSE LOUREIRO	47	M4549	M	APOGMA	00:50:07
74	331	PAULO DUARTE	46	M4549	M	GDCT UNICRE	00:50:10
75	102	ANTONIO PORTUGAL	45	M4549	M	GD INE	00:50:23
76	667	RUI PIRES	45	M4549	M	GEORUNNERS	00:50:41
77	82	PEDRO QUINA	45	M4549	M	DEZ PRAS ONZE	00:50:42
78	737	MARIO LUÍS	46	M4549	M	CARAP AUS CORRIDA	00:50:48
79	960	PAULO PIRES	46	M4549	M	APOGMA	00:51:12
80	635	JOAQUIM LIMA	48	M4549	M	CLUBE VODAFONE	00:51:25
81	48	JORGE FERREIRA	46	M4549	M	RUNNING OF D MARIA	00:51:39
82	433	JOSE NASCIMENTO	47	M4549	M	INDIVIDUAL	00:51:39
83	91	JOAO SEQUEIRA	49	M4549	M	CCDT METRO LX	00:51:40
84	738	AGOSTINHO DIAS	46	M4549	M	CARAP AUS CORRIDA	00:52:22
85	107	MIGUEL BASTOS	46	M4549	M	GD INE	00:52:52
86	526	ROGÉRIO MATOS	49	M4549	M	INDIVIDUAL	00:53:20
87	503	JOSE C MELO	49	M4549	M	RUN 4 FUN	00:53:39
88	176	ANTONIO LIMA	49	M4549	M	SL CAMPOLIDE	00:53:43

89	185	ANTONIO PEREIRA	46	M4549	M	GD SANTANDER TOTTA	00:53:50
90	222	ANTONIO FERREIRA	47	M4549	M	GD MACEDO OCULISTA	00:53:59
91	1065	REINALDO PEREIRA	48	M4549	M	INDIVIDUAL	00:55:11
92	498	MIGUEL P N RAMOS	48	M4549	M	INDIVIDUAL	00:55:37
93	283	CARLOS MACHADO	47	M4549	M	GDCT IN CASA MOEDA	00:56:43
94	304	ANTONIO SANTOS	49	M4549	M	CCD EFACEC LX	00:57:28
95	681	JACINTO GODINHO	47	M4549	M	GODINHO	00:57:46
96	384	FERNANDO MATIAS	46	M4549	M	AMIGOS ESTRELA	00:58:12
97	1141	LUIS MIRA	47	M4549	M	INDIVIDUAL	00:58:41
98	42	LUIS ANTUNES	49	M4549	M	GA MONSANTO	00:59:16
99	296	ANDRE NORONHA	47	M4549	M	SS CGD	00:59:31
100	1088	JORGE VALADARES	49	M4549	M	VALADARES II	01:02:01
101	548	MÁRIO AGUILEIRA	48	M4549	M	TOCANDAR	01:03:02
102	499	PEDRO P N RAMOS	46	M4549	M	INDIVIDUAL	01:03:08
103	394	JUVENAL MONTEIRO	47	M4549	M	GD CIMPOR	01:03:54
104	406	PAULO PERES	45	M4549	M	CLUBE ANACOM	01:04:32
105	54	LUIS GRAÇA	47	M4549	M	RUNNING OF D MARIA	01:05:03
106	98	ORLANDO SOUSA	49	M4549	M	CCDT METRO LX	01:05:54
107	1129	ANTONIO NASCIMENTO	45	M4549	M	NA CNAS	01:07:27
108	357	CARLOS BAPTISTA	46	M4549	M	PUPILOS EXERCITO	01:19:44

Veterano 3 Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	228	FELIX PAULOS	53	M5054	M				GD MACEDO OCULISTA	00:35:02
2	233	JORGE REIS	53	M5054	M				GD MACEDO OCULISTA	00:35:02
3	41	ARTINO MOTA	50	M5054	M				GD AMARO	00:35:38
4	1011	ANTONIO VALE	54	M5054	M				CR LEOES P SALVO	00:37:37
5	679	RUI FALCÃO	50	M5054	M				FALÇÕES SELVAGES	00:38:15
6	266	CARLOS PALAS	52	M5054	M				CR CRUZ PAU	00:39:11
7	345	MANUEL FIGUEIREDO	54	M5054	M				GE OS ECONOMICOS	00:40:26
8	388	MARCO SOUSA	52	M5054	M				GD JOANINHAS LEIAO	00:40:40
9	163	GERMANO PIRES	54	M5054	M				GDOA	00:41:08
10	517	ANTONIO P LOPES	51	M5054	M				CC ARGANIL	00:41:47
11	997	MANUEL ARAÚJO	50	M5054	M				CR LEOES P SALVO	00:41:53
12	144	ARMINDO SANTOS	50	M5054	M				IGREJA UNIFICAÇÃO	00:42:24
13	97	ORLANDO SILVA	54	M5054	M				CCDT METRO LX	00:42:47
14	410	CARLOS A BAPTISTA	51	M5054	M				SC CASAINHOS	00:42:48
15	1014	MANUEL RODRIGUES	53	M5054	M				CR LEOES P SALVO	00:43:18
16	469	EDUARDO RODRIGUES	52	M5054	M				INDIVIDUAL	00:43:31
17	250	BERNARDO GRADISSIMO	53	M5054	M				NS SAO MIGUEL	00:43:32
18	44	CARLOS COELHO	50	M5054	M				GA MONSANTO	00:43:36
19	32	GUILHERME GONÇALVES	51	M5054	M				C FERROV PORTUGAL	00:43:54
20	1003	ALCINDO ALMEIDA	53	M5054	M				CR LEOES P SALVO	00:44:14
21	252	LEONEL SELEIRO	54	M5054	M				NS SAO MIGUEL	00:45:07
22	544	JOAO VERÍSSIMO	53	M5054	M				TOCANDAR	00:45:08
23	124	FERNANDO CELESTINO	53	M5054	M				AÇOREANA C BANIF	00:45:25
24	177	ANTONIO SILVA	51	M5054	M				SL CAMPOLIDE	00:45:26
25	310	JOSE BARROCO	53	M5054	M				CCD EFACEC LX	00:45:27
26	243	JOAO MOACHO	54	M5054	M				NS SAO MIGUEL	00:45:34
27	79	JOSE BORGES	51	M5054	M				DEZ PRAS ONZE	00:45:35
28	991	JOAQUIM FERRÃO	51	M5054	M				CR LEOES P SALVO	00:45:36
29	541	ANTONIO GONÇALVES	50	M5054	M				INDIVIDUAL	00:46:08
30	135	VIRILIO MADEIRA	52	M5054	M				AÇOREANA C BANIF	00:46:19
31	622	ANTONIO GONÇALVES	50	M5054	M				OS TUGAS	00:47:01
32	680	FRANCISCO SILVA	51	M5054	M				FALÇÕES SELVAGES	00:47:40
33	1115	JOSE C COSTA	52	M5054	M				REPORTPRO	00:47:45
34	251	JOAO SANTOS	53	M5054	M				NS SAO MIGUEL	00:48:00
35	253	MANUEL ALMEIDA	54	M5054	M				NS SAO MIGUEL	00:48:01
36	327	LUIS AMORIM	53	M5054	M				NA BEIERSDORF	00:48:01
37	451	VITOR M M TEIXEIRA	52	M5054	M				INDIVIDUAL	00:48:07
38	100	RUI M R ARAUJO	53	M5054	M				CCDT METRO LX	00:48:16
39	1052	AMERICO COSTA	54	M5054	M				TECNO SPIE	00:48:17
40	602	ANTONIO CORREIA	54	M5054	M				INDIVIDUAL	00:48:37
41	408	LUIS F P ALMEIDA	50	M5054	M				CC LINDA A VELHA	00:48:49

42	470	LUIS NEVES	53	M5054	M	INDIVIDUAL	00:48:56
43	319	CARLOS FERREIRA	54	M5054	M	CLUBE AUTOCOOPE	00:48:58
44	502	JOSE HILARIO	52	M5054	M	INDIVIDUAL	00:48:58
45	592	JOSE C A TRONCOSO	50	M5054	M	INDIVIDUAL	00:49:00
46	114	JOSE SANTOS	52	M5054	M	AÇOREANA C BANIF	00:49:07
47	483	CARLOS AFONSO	52	M5054	M	INDIVIDUAL	00:49:07
48	542	JOAQUIM PINTO	53	M5054	M	INDIVIDUAL	00:49:10
49	631	MANUEL CORREIA	53	M5054	M	CLUBE VODAFONE	00:49:17
50	400	ORLANDO FERREIRA	54	M5054	M	GD CIMPOR	00:49:19
51	423	FERNANDO DIAS	50	M5054	M	INDIVIDUAL	00:49:19
52	171	MARCOS MELLO	52	M5054	M	ORISTARS FARELO	00:49:23
53	1120	LUCIO MORAIS	52	M5054	M	ACADEMIA LUMIAR	00:49:47
54	153	MANUEL AZEVEDO	54	M5054	M	MULTIFLOW	00:49:51
55	662	MARIO J SILVA	51	M5054	M	GEORUNNERS	00:49:52
56	684	JOSE CORREIA	50	M5054	M	GEORUNNERS	00:49:52
57	922	JOSE NOGUEIRA	50	M5054	M	INDIVIDUAL	00:49:53
58	920	CARLOS D C TEIXEIRA	51	M5054	M	LEBRES TARTARUGAS	00:50:24
59	37	CARLOS ALVES	54	M5054	M	C FERROV PORTUGAL	00:50:30
60	1035	JOÃO P SANTOS	52	M5054	M	INDIVIDUAL	00:50:30
61	271	LUIS SALGUEIRO	54	M5054	M	CR CRUZ PAU	00:50:38
62	514	PAULO CRUZ	52	M5054	M	INDIVIDUAL	00:50:57
63	52	ADRIANO VITORINO	50	M5054	M	RUNNING OF D MARIA	00:51:00
64	383	JOSE L LOPES	54	M5054	M	AMIGOS ESTRELA	00:51:02
65	1026	JORGE FRADIQUE	52	M5054	M	INDIVIDUAL	00:51:23
66	465	SILVERIO BRAS	52	M5054	M	INDIVIDUAL	00:51:38
67	434	ALBERTO SOARES	50	M5054	M	INDIVIDUAL	00:51:39
68	346	VITOR REVEZ	52	M5054	M	GE OS ECONOMICOS	00:51:41
69	992	ABEL CARVALHO	54	M5054	M	INDIVIDUAL	00:51:58
70	318	JOSE DIAS	54	M5054	M	CLUBE AUTOCOOPE	00:52:07
71	678	DOMINGOS MATOS	50	M5054	M	FALÇÕES SELVAGES	00:52:12
72	728	MANUEL O PEREIRA	54	M5054	M	GYM 2010	00:52:14
73	390	JOSE CATITA	53	M5054	M	GARMIN/ CO OEIRAS	00:52:38
74	418	ANTONIO MORGADO	54	M5054	M	INDIVIDUAL	00:52:52
75	644	RICARDO FERNANDES	52	M5054	M	CD GRUPO BES	00:53:24
76	181	MIGUEL DUQUE	50	M5054	M	SL CAMPOLIDE	00:53:45
77	689	JOAO M BATISTA	50	M5054	M	INDIVIDUAL	00:54:11
78	289	ALBERTINO SEMEDO	53	M5054	M	SS CGD	00:54:12
79	531	ANTONIO MARTINS	50	M5054	M	INDIVIDUAL	00:54:22
80	583	JOAO CUNHA	54	M5054	M	AMIGOS PARQUE PAZ	00:55:05
81	59	JOAO GONÇALVES	50	M5054	M	GARMIN/ CO OEIRAS	00:55:15
82	1131	DUARTE GONÇALVES	52	M5054	M	INDIVIDUAL	00:56:00
83	506	JOAO P S LIMA	51	M5054	M	4 AO KM	00:56:21
84	504	MARIO PIRES	52	M5054	M	INDIVIDUAL	00:58:31
85	403	ISAAC CARRELO	51	M5054	M	CLUBE ANACOM	00:58:54
86	574	JOSE CARITA	53	M5054	M	OS INDIVIDUAIS	00:59:15
87	917	JOAO MONTES	51	M5054	M	INDIVIDUAL	00:59:23
88	224	ARTUR DINIS	54	M5054	M	GD MACEDO OCULISTA	00:59:40

89	442	MARIO FERREIRA	51	M5054	M	INDIVIDUAL	00:59:45
90	474	VITOR ROQUETTE	50	M5054	M	INDIVIDUAL	01:00:12
91	326	PEDRO N N PINTO	54	M5054	M	OS PINTOS	01:01:43
92	307	AMERICO SANTOS	54	M5054	M	CCD EFACEC LX	01:01:59
93	260	AGAPITO BELGA	52	M5054	M	CR CRUZ PAU	01:02:07
94	90	JOAO CUNHA	51	M5054	M	CCDT METRO LX	01:04:43
95	1107	ANTONIO D SANTOS	52	M5054	M	OS TUGAS	01:05:45
96	329	ALIPIO OLIVEIRA	51	M5054	M	CCDT METRO LX	01:05:54

Veterano 4 Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	324	AIRES PRATAS	56	M5559	M				ODIMARQ ALUMINIOS	00:35:02
2	15	FILIPE SILVA	58	M5559	M				INDIVIDUAL	00:37:38
3	194	ANASTACIO VALADAS	58	M5559	M				GD SANTANDER TOTTA	00:38:01
4	975	JOAQUIM ALVES	59	M5559	M				CCD O ALVITEJO	00:39:55
5	234	JOSE INOCENCIO	59	M5559	M				GD MACEDO OCULISTA	00:40:05
6	109	NUNO M SILVA	57	M5559	M				GD INE	00:40:07
7	489	MARCOS PEREIRA	59	M5559	M				INDIVIDUAL	00:40:39
8	254	JOAO SOARES	58	M5559	M				NS SAO MIGUEL	00:40:42
9	27	LEONEL NEVES	58	M5559	M				A VALE SILENCIO	00:40:47
10	653	RUI LOPES	59	M5559	M				CD GRUPO BES	00:41:28
11	192	RUI MARTINS	56	M5559	M				GD SANTANDER TOTTA	00:41:31
12	189	JOSE MARÇAL	55	M5559	M				GD SANTANDER TOTTA	00:42:53
13	155	MANUEL SILVA	56	M5559	M				MULTIFLOW	00:43:18
14	270	JOSE DIAS	55	M5559	M				CR CRUZ PAU	00:43:18
15	235	JOSE REIS	58	M5559	M				GD MACEDO OCULISTA	00:43:27
16	735	ANTÓNIO BATALHA	58	M5559	M				INDIVIDUAL	00:43:38
17	645	JULIO FERREIRA	57	M5559	M				CD GRUPO BES	00:44:09
18	485	JOSE FAUSTINO	58	M5559	M				INDIVIDUAL	00:44:35
19	178	MANUEL MARTINS	55	M5559	M				SL CAMPOLIDE	00:44:41
20	86	MANUEL COSTA	55	M5559	M				CCDT METRO LX	00:44:42
21	255	FERNANDO SANTOS	58	M5559	M				NS SAO MIGUEL	00:45:07
22	302	MANUEL FIDALGO	59	M5559	M				CCD EFACEC LX	00:45:12
23	435	VITOR BARATA	55	M5559	M				INDIVIDUAL	00:45:54
24	134	TAM AFONSO	59	M5559	M				AÇOREANA C BANIF	00:46:23
25	417	JOAQUIM J F BACALHAU	58	M5559	M				INDIVIDUAL	00:46:24
26	232	JOAQUIM MACEDO	57	M5559	M				GD MACEDO OCULISTA	00:46:41
27	1077	IDALECIO BARROS	57	M5559	M				INDIVIDUAL	00:46:56
28	505	ORLANDO COUTO	56	M5559	M				4 AO KM	00:47:32
29	702	ORLANDO A MARTINS	56	M5559	M				INDIVIDUAL	00:47:40
30	915	JOAO BENEVENTE	59	M5559	M				AMIGOS PARQUE PAZ	00:47:58
31	328	VICENTE DIAS	57	M5559	M				NA BEIERSDORF	00:48:01
32	1027	MANUEL TRINDADE	55	M5559	M				INDIVIDUAL	00:48:03
33	206	AUGUSTO LOPES	57	M5559	M				GD SANTANDER TOTTA	00:48:08
34	38	ANTONIO FERREIRA	55	M5559	M				C FERROV PORTUGAL	00:48:15
35	427	MANUEL A PEREIRA	59	M5559	M				INDIVIDUAL	00:48:20
36	475	ABILIO TAVARES	56	M5559	M				INDIVIDUAL	00:48:20
37	919	CARLOS M GONÇALVES	55	M5559	M				LEBRES TARTARUGAS	00:48:30
38	28	ANTONIO FERNANDES	55	M5559	M				A VALE SILENCIO	00:48:35
39	1022	ADRIANO CUNHA	57	M5559	M				INDIVIDUAL	00:48:59
40	258	GERMANO BERNARDO	56	M5559	M				CR CRUZ PAU	00:49:06
41	263	JOAO TOMAS	56	M5559	M				CR CRUZ PAU	00:49:35

42	1051	BERNARDINO SOARES	59	M5559	M	INDIVIDUAL	00:49:50
43	87	CARLOS MOREIRA	58	M5559	M	CCDT METRO LX	00:50:05
44	139	LUIS ROSA	58	M5559	M	CAA BELEM	00:51:06
45	334	JOSE MILAGRES	55	M5559	M	GDCT UNICRE	00:51:08
46	961	JOSE ANDRE	56	M5559	M	APOGMA	00:51:11
47	362	JOSE BORDALO	59	M5559	M	O MUNDO CORRIDA	00:51:50
48	424	JORGE MARQUES	58	M5559	M	INDIVIDUAL	00:52:22
49	188	SALVADOR AFONSO	57	M5559	M	GD SANTANDER TOTTA	00:53:45
50	292	FRANCISCO CLERIGO	58	M5559	M	SS CGD	00:54:44
51	578	HENRIQUE VILHENA	55	M5559	M	INDIVIDUAL	00:55:03
52	203	HENRIQUE MARÇAL	58	M5559	M	GD SANTANDER TOTTA	00:55:32
53	540	ANTONIO LOPES	57	M5559	M	INDIVIDUAL	00:55:41
54	120	ALBANO ALVES	56	M5559	M	AÇOREANA C BANIF	00:55:59
55	101	ALBERTO PINA	56	M5559	M	GD INE	00:56:36
56	405	ROGERIO PINA	57	M5559	M	CLUBE ANACOM	00:56:55
57	943	RUI CARNEIRO	56	M5559	M	JOÃO CARNEIRO SAD	00:57:11
58	459	VICTOR VALENTE	58	M5559	M	INDIVIDUAL	00:57:29
59	663	JOSE M SIMÕES	56	M5559	M	GEORUNNERS	00:58:19
60	301	FERNANDO MAGALHAES	55	M5559	M	CCD EFACEC LX	00:58:36
61	450	ALBANO GINJA	55	M5559	M	INDIVIDUAL	00:59:08
62	158	JOAQUIM FONSECA	56	M5559	M	OS SUPER	00:59:50
63	313	FRANCISCO FERREIRA	57	M5559	M	CCD EFACEC LX	01:02:32
64	924	CARLOS OLIVEIRA	56	M5559	M	INDIVIDUAL	01:03:25
65	88	FERNANDO FERNANDES	59	M5559	M	CCDT METRO LX	01:07:59
66	146	MANUEL MANTAS	56	M5559	M	IGREJA UNIFICAÇÃO	01:09:50
67	305	ADELINO CASTRO	59	M5559	M	CCD EFACEC LX	01:10:10

Veterano 5 Masculino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Sx.	SC1	SC2	SC3	Equipe	Tempo
1	190	JOAO ROCHA	60	M6099	M				GD SANTANDER TOTTA	00:39:58
2	221	ANTONIO ARAUJO	60	M6099	M				GD MACEDO OCULISTA	00:40:11
3	995	MARIO GONÇALVES	61	M6099	M				CR LEOES P SALVO	00:40:20
4	160	JOAO HEITOR	61	M6099	M				CA PAÇO ARCOS	00:40:49
5	491	ALBINO NEIVA	66	M6099	M				INDIVIDUAL	00:40:58
6	71	GUMERSINDO RODRIGUES	61	M6099	M				AA LEBRES SADO	00:41:21
7	75	CARLOS PORFIRIO	60	M6099	M				O MUNDO CORRIDA	00:42:32
8	1008	ARMANDO CORREIA	60	M6099	M				CR LEOES P SALVO	00:43:20
9	257	JOSE ALVES	62	M6099	M				NS SAO MIGUEL	00:43:33
10	200	ANTONIO CRUZ	64	M6099	M				GD SANTANDER TOTTA	00:44:14
11	1005	MÁRIO PIRES	61	M6099	M				CR LEOES P SALVO	00:44:17
12	264	DIOGO COSTA	63	M6099	M				CR CRUZ PAU	00:44:42
13	262	JOSE MONTEIRO	62	M6099	M				CR CRUZ PAU	00:44:49
14	256	JOAQUIM NEIVA	68	M6099	M				NS SAO MIGUEL	00:44:55
15	432	ANTONIO A FERNANDES	75	M6099	M				INDIVIDUAL	00:45:11 1
16	199	FERNANDO CARDOSO	63	M6099	M				GD SANTANDER TOTTA	00:45:22
17	929	ANTONIO BATISTA	64	M6099	M				CD ESTRELA	00:45:28
18	34	CARLOS SANTOS	60	M6099	M				C FERROV PORTUGAL	00:46:38
19	191	JOSE RIBEIRO	66	M6099	M				GD SANTANDER TOTTA	00:46:59
20	497	LEONEL PIRES	67	M6099	M				INDIVIDUAL	00:47:46
21	595	JOAO R REIS	60	M6099	M				INDIVIDUAL	00:47:54
22	527	ORLANDO ZACARIAS	60	M6099	M				INDIVIDUAL	00:48:52
23	159	MANUEL SEQUEIRA	61	M6099	M				GDCT REPSOL	00:49:02
24	35	MARTINS BARATA	68	M6099	M				C FERROV PORTUGAL	00:49:22
25	347	ANTONIO VEIGA	74	M6099	M				GE OS ECONOMICOS	00:49:25
26	722	JOAQUIM O COSTA	61	M6099	M				INDIVIDUAL	00:49:26
27	1029	JOAO MIGUEL	73	M6099	M				TANGAS	00:49:29
28	477	JOSE RIJO	63	M6099	M				INDIVIDUAL	00:49:51
29	205	ANTONIO RODRIGUES	76	M6099	M				GD SANTANDER TOTTA	00:50:00
30	229	INACIO GONCALVES	60	M6099	M				GD MACEDO OCULISTA	00:50:10
31	930	ARMANDO TAVARES	63	M6099	M				CD ESTRELA	00:50:54
32	1019	ANTONIO INÁCIO	65	M6099	M				CD ESTRELA	00:50:54 1
33	184	GILBERTO GONÇALVES	63	M6099	M				CR ALVORADA	00:51:07
34	447	JOSE R FERREIRA	63	M6099	M				INDIVIDUAL	00:51:39
35	430	ANTONIO FERNANDES	64	M6099	M				INDIVIDUAL	00:52:10
36	1031	ARTUR MARTINS	72	M6099	M				TANGAS	00:53:00
37	516	SEBASTIÃO C MELO	60	M6099	M				CC ARGANIL	00:54:19
38	154	JOAO SANTOS	62	M6099	M				MULTIFLOW	00:54:30
39	472	JOAO LANDEIRO	65	M6099	M				INDIVIDUAL	00:55:12
40	440	ELISEU M PINTO	61	M6099	M				INDIVIDUAL	00:55:59
41	187	JOSE SIMOES	63	M6099	M				GD SANTANDER TOTTA	00:56:06

42	1119	CARLOS TOME	60	M6099	M	INDIVIDUAL	00:56:07
43	231	JOAO VEIGA	62	M6099	M	GD MACEDO OCULISTA	00:56:38
44	193	JOSE LOUÇAS	69	M6099	M	GD SANTANDER TOTTA	00:56:48
45	1023	MANUEL A CARVALHO	64	M6099	M	INDIVIDUAL	00:56:48
46	93	JOSE PIRES	75	M6099	M	CCDT METRO LX	00:57:45
47	259	JOSE FERNANDES	70	M6099	M	CR CRUZ PAU	00:58:15
48	217	JOSE MONTEIRO	67	M6099	M	GD SANTANDER TOTTA	00:58:26
49	94	MANUEL DANTAS	65	M6099	M	CCDT METRO LX	00:58:27
50	72	JOAQUIM PEREIRA	72	M6099	M	AA LEBRES SADO	00:58:29
51	179	ARMINDO VELEZ	62	M6099	M	SL CAMPOLIDE	00:58:34
52	449	ANTONIO B NUNES	72	M6099	M 1	INDIVIDUAL	00:59:08
53	1132	BESSONE BASTO	65	M6099	M	INDIVIDUAL	00:59:08
54	476	EBERHARD A WILHELM	63	M6099	M	INDIVIDUAL	00:59:27
55	286	DOMINGOS COSTA	63	M6099	M	SS CGD	00:59:31
56	295	AURELIO CALADO	62	M6099	M	SS CGD	00:59:35
57	275	JOSE ABREU	63	M6099	M	GDCT IN CASA MOEDA	00:59:50
58	1116	HELDER VARANDAS	64	M6099	M	REPORTPRO	00:59:58
59	273	ANTONIO NASCIMENTO	71	M6099	M	GDCT IN CASA MOEDA	01:00:55
60	626	RUI M EUSÉBIO	65	M6099	M	INDIVIDUAL	01:00:57
61	196	JOSE LOURO	76	M6099	M	GD SANTANDER TOTTA	01:01:04
62	422	RAUL PIMENTA	61	M6099	M	INDIVIDUAL	01:01:07
63	43	MIGUEL SILVA	67	M6099	M	GA MONSANTO	01:01:15
64	425	FERNANDO P RODRIGUES	69	M6099	M	INDIVIDUAL	01:01:19
65	261	JOSE PARRANCA	73	M6099	M	CR CRUZ PAU	01:01:55
66	306	ANTONIO LOPES	62	M6099	M	CCD EFACEC LX	01:01:59
67	138	JOAQUIM ALMEIDA	60	M6099	M	SFUAP	01:02:28
68	201	DINIS SOUSA	70	M6099	M	GD SANTANDER TOTTA	01:02:35
69	308	MANUEL GOMES	66	M6099	M	CCD EFACEC LX	01:02:56
70	186	LUIS SILVA	69	M6099	M	GD SANTANDER TOTTA	01:03:00
71	321	JOAO GRAÇA	72	M6099	M	CLUBE AUTOCOOPE	01:05:05
72	272	ANTONIO GASPAR	68	M6099	M	GDCT IN CASA MOEDA	01:06:40
73	223	ARMANDO CARMO	75	M6099	M	GD MACEDO OCULISTA	01:07:16
74	913	GUALDINO FREIRE	66	M6099	M	CCDT METRO LX	01:08:01
75	1135	FRANCISCO MOUCHINHO	63	M6099	M	ACADEMIA LUMIAR	01:11:43
76	571	JAIME PALMA	67	M6099	M	SEMPRE EM FESTA	01:11:59
77	452	JOSE ARRUDA	62	M6099	M	INDIVIDUAL	01:12:49
78	404	HELDER ALMEIDA	64	M6099	M	CLUBE ANACOM	01:13:13 1
79	744	MANUEL FERREIRA	72	M6099	M	GD JOANINHAS LEIAO	01:14:23

