

# LISTAGEM EXTRA OFICIAL (PARA CONFERÊNCIA DE TEMPO)

## V CORRIDA S DOMINGOS BENFICA

Patrocínio: JF SAO DOMINGOS BENFICA

Apoio: JF SAO DOMINGOS BENFICA

Data: 08/01/2012

Classif.: Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
1	6	NELSON CRUZ	33	M2039	1	M					GDR PRAIA SALEMA	00:30:13 1
2	16	ROMAN PRODIUS	30	M2039	2	M					INDIVIDUAL	00:30:41
3	2	CARLOS SILVA	29	M2039	3	M					SPORTING CP	00:31:00 1
4	10	BRUNO FRAGA	34	M2039	4	M					GDR REBOLEIRA/GFD	00:31:27 1
5	12	JOAO VIEIRA	33	M2039	5	M					GDR REBOLEIRA/GFD	00:31:28
6	14	CARLOS CARDOSO	30	M2039	6	M					GDR REBOLEIRA/GFD	00:31:46
7	13	JOAO MARQUES	42	M4044	1	M					GDR REBOLEIRA/GFD	00:32:21
8	7	LUIS GINJA	38	M2039	7	M					GDR REBOLEIRA/GFD	00:32:24
9	510	ALEXEI SCUTARU	39	M2039	8	M					CRD ARRUDENSE	00:32:24
10	325	PEDRO GOMES	34	M2039	9	M					ODIMARQ ALUMINIOS	00:32:41
11	5	PEDRO PESSOA	45	M4549	1	M					GDR PRAIA SALEMA	00:32:42
12	9	EUGENIO NETO	49	M4549	2	M					GDR REBOLEIRA/GFD	00:32:44
13	1007	HUGO GONÇALVES	33	M2039	10	M					CR LEOES P SALVO	00:33:16
14	285	PAULO PINHEIRO	34	M2039	11	M		1			MARATONA CP	00:33:27
15	1012	LUIS ALLEN	42	M4044	2	M					CR LEOES P SALVO	00:33:36
16	996	ALEXANDRE SOARES	49	M4549	3	M					CR LEOES P SALVO	00:33:38
17	220	ALEXANDRE PINHEIRO	32	M2039	12	M					GD MACEDO OCULISTA	00:33:45
18	938	FERNANDO ALVES	45	M4549	4	M					AA MAFRA	00:33:45
19	1000	PAULO RAMOS	49	M4549	5	M					CR LEOES P SALVO	00:33:53
20	1002	RICARDO VALE	29	M2039	13	M		1			CR LEOES P SALVO	00:33:53
21	686	RICARDO MESTRE	40	M4044	3	M					GD CARRIS	00:34:03
22	1001	RICARDO PEREIRA	34	M2039	14	M					CR LEOES P SALVO	00:34:33
23	936	MARCO GRILEIRO	32	M2039	15	M					AA MAFRA	00:34:42
24	11	PEDRO GIL	39	M2039	16	M					GDR REBOLEIRA/GFD	00:35:01
25	228	FELIX PAULOS	53	M5054	1	M					GD MACEDO OCULISTA	00:35:02
26	233	JORGE REIS	53	M5054	2	M					GD MACEDO OCULISTA	00:35:02
27	324	AIRES PRATAS	56	M5559	1	M					ODIMARQ ALUMINIOS	00:35:02
28	949	JORGE ALVES	21	M2039	17	M					GAB FISIO DESPORTO	00:35:06
29	1	ANA FERREIRA	23	F2039	1	F					GD ESTREITO	00:35:22
30	338	MARIO CASSACA	39	M2039	18	M					GARMIN/ CO OEIRAS	00:35:23
31	951	ERNESTO FERREIRA	41	M4044	4	M					GAB FISIO DESPORTO	00:35:35
32	41	ARTINO MOTA	50	M5054	3	M					GD AMARO	00:35:38
33	1010	ANTONIO MANETA	46	M4549	6	M					CR LEOES P SALVO	00:35:38

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
34	8	PAULO MOREIRA	42	M4044	5	M					GDR REBOLEIRA/GFD	00:35:40
35	241	ANTONIO SANTOS	44	M4044	6	M					GD MACEDO OCULISTA	00:35:41
36	17	MADALENA CARRIÇO	33	F2039	2	F					CS MARITIMO	00:35:42
37	1017	ANTONIO MURTEIRA	44	M4044	7	M					CR LEOES P SALVO	00:35:51
38	1075	RUI AFONSO	41	M4044	8	M					CDR AGUIAS UNIDAS	00:36:03
39	31	HUMBERTO VIAIS	48	M4549	7	M					C FERROV PORTUGAL	00:36:06
40	368	FERNANDO GOMES	38	M2039	19	M					UNIDOS MANUTENÇÃO	00:36:07
41	994	DOMINGOS CARNEIRO	38	M2039	20	M					CR LEOES P SALVO	00:36:09
42	948	HUGO GONÇALVES	34	M2039	21	M					GAB FISIO DESPORTO	00:36:14
43	1090	FLAVIO NUNES	28	M2039	22	M					INDIVIDUAL	00:36:39
44	342	ANTONIO CARRILHO	47	M4549	8	M					GDC ESTRELA NEGRA	00:36:46
45	322	JOSE LOPES	45	M4549	9	M					ODIMARQ ALUMINIOS	00:36:48
46	3	VERA NUNES	31	F2039	3	F					SL BENFICA	00:36:54
47	1069	JOAQUIM CAPUCHO	49	M4549	10	M					CDR AGUIAS UNIDAS	00:37:05 1
48	247	JORGE RODRIGUES	45	M4549	11	M					NS SAO MIGUEL	00:37:10
49	1073	JORGE AMARAL	43	M4044	9	M					CDR AGUIAS UNIDAS	00:37:11
50	730	JOSE SANTOS	46	M4549	12	M					INDIVIDUAL	00:37:18
51	4	SANDRA PINTO	35	F2039	4	F					CDA DONAS	00:37:33
52	1011	ANTONIO VALE	54	M5054	4	M					CR LEOES P SALVO	00:37:37
53	15	FILIPE SILVA	58	M5559	2	M					INDIVIDUAL	00:37:38
54	227	FABIO FERREIRA	19	M1819	1	M					GD MACEDO OCULISTA	00:37:41
55	1006	CARLOS MENDES	46	M4549	13	M					CR LEOES P SALVO	00:37:44
56	1101	RICARDO FRANCO	27	M2039	23	M					INDIVIDUAL	00:37:50
57	467	JOSE BORGES	35	M2039	24	M					INDIVIDUAL	00:37:58
58	63	TANIA CABRAL	23	F2039	5	F					GARMIN/ CO OEIRAS	00:37:59
59	194	ANASTACIO VALADAS	58	M5559	3	M					GD SANTANDER TOTTA	00:38:01
60	1096	LUIS M A N VALVERDE	46	M4549	14	M					INDIVIDUAL	00:38:06
61	284	RUI M S CORREIA	35	M2039	25	M					GDCT IN CASA MOEDA	00:38:07
62	743	CATARINA FERREIRA	27	F2039	6	F					GD JOANINHAS LEIAO	00:38:10
63	341	PATRICIA SERAFIM	28	F2039	7	F					C PRAÇAS ARMADA	00:38:10
64	916	PAULO BENEVENTE	32	M2039	26	M	1				AMIGOS PARQUE PAZ	00:38:11
65	1072	PEDRO LUIS	37	M2039	27	M					CDR AGUIAS UNIDAS	00:38:14
66	679	RUI FALCÃO	50	M5054	5	M					FALÇOES SELVAGES	00:38:15
67	373	ROGERIO AZEVEDO	41	M4044	10	M					CCD SINTRENSE	00:38:20 1
68	276	PAULO ALVES	34	M2039	28	M					GDCT IN CASA MOEDA	00:38:23
69	128	NUNO E SANTO	41	M4044	11	M					AÇOREANA C BANIF	00:38:29
70	288	FERNANDO CANDEIAS	40	M4044	12	M					SS CGD	00:38:35
71	226	CONSTANTINO ARAUJO	44	M4044	13	M					GD MACEDO OCULISTA	00:38:44
72	353	LUIS PAULO	45	M4549	15	M					BAHIA	00:38:52
73	1070	PAULO ANTONIO	44	M4044	14	M					CDR AGUIAS UNIDAS	00:38:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
74	207	LUIS RAFAEL	40	M4044	15	M					GD SANTANDER TOTTA	00:38:59
75	364	MANUEL SOARES	47	M4549	16	M					UNIDOS MANUTENÇÃO	00:39:04
76	695	JOAO XAVIER	39	M2039	29	M					INDIVIDUAL	00:39:09
77	266	CARLOS PALAS	52	M5054	6	M					CR CRUZ PAU	00:39:11
78	944	RICARDO VAZ	41	M4044	16	M					GAB FISIO DESPORTO	00:39:11
79	137	JOSE NOBRE	48	M4549	17	M					SFUAP	00:39:12
80	745	JOSEFA SANJÉ	36	F2039	8	F					GD JOANINHAS LEIAO	00:39:13
81	933	MARINA DOMINGUES	29	F2039	9	F					INDIVIDUAL	00:39:14
82	569	VERONICA SCUTARU	35	F2039	10	F					CRD ARRUDENSE	00:39:17
83	1121	ARTUR BOTAO	42	M4044	17	M					ACADEMIA LUMIAR	00:39:17
84	1016	PEDRO GOUVEIA	43	M4044	18	M					CR LEOES P SALVO	00:39:22
85	537	RICARDO CABO	22	M2039	30	M					INDIVIDUAL	00:39:24
86	968	ALICE BASILIO	41	F4044	1	F					AA MAFRA	00:39:25
87	365	RUI CARDOSO	40	M4044	19	M					UNIDOS MANUTENÇÃO	00:39:28
88	747	CHANTAL XHERVELLE	43	F4044	2	F					AM CASAL FIGUEIRAS	00:39:31
89	249	PAULO NEVES	46	M4549	18	M					NS SAO MIGUEL	00:39:39
90	74	ANIBAL GASPAR	42	M4044	20	M					CCD O ALVITEJO	00:39:40
91	209	HAMILTON DIAS	36	M2039	31	M					GD SANTANDER TOTTA	00:39:53
92	354	CARLOS PATO	40	M4044	21	M					PUPILOS EXERCITO	00:39:53
93	355	HUGO MONTEIRO	25	M2039	32	M					PUPILOS EXERCITO	00:39:53
94	975	JOAQUIM ALVES	59	M5559	4	M					CCD O ALVITEJO	00:39:55
95	190	JOAO ROCHA	60	M6099	1	M					GD SANTANDER TOTTA	00:39:58
96	96	NUNO PITA	36	M2039	33	M					CCDT METRO LX	00:39:59
97	974	ANDRE JESUS	25	M2039	34	M					C ORIENTAL LISBOA	00:40:00
98	279	NUNO SOUSA	38	M2039	35	M					GDCT IN CASA MOEDA	00:40:03
99	234	JOSE INOCENCIO	59	M5559	5	M					GD MACEDO OCULISTA	00:40:05
100	109	NUNO M SILVA	57	M5559	6	M					GD INE	00:40:07
101	213	JOAO JESUS	36	M2039	36	M					GD SANTANDER TOTTA	00:40:07
102	492	MITOS FIGUEIRA	18	M1819	2	M					INDIVIDUAL	00:40:10
103	221	ANTONIO ARAUJO	60	M6099	2	M					GD MACEDO OCULISTA	00:40:11
104	482	JOSE BARRINHA	41	M4044	22	M					INDIVIDUAL	00:40:17
105	995	MARIO GONÇALVES	61	M6099	3	M					CR LEOES P SALVO	00:40:20
106	646	JOSE GONÇALVES	47	M4549	19	M					CD GRUPO BES	00:40:23
107	939	LUIS F VALENTE	39	M2039	37	M					C ORIENTAL LISBOA	00:40:24
108	267	CANDIDO CUNHA	31	M2039	38	M					CR CRUZ PAU	00:40:25
109	345	MANUEL FIGUEIREDO	54	M5054	7	M					GE OS ECONOMICOS	00:40:26
110	509	DIOGO SILVA	28	M2039	39	M					INDIVIDUAL	00:40:28
111	126	JORGE CANTEIRO	42	M4044	23	M					AÇOREANA C BANIF	00:40:32
112	640	RUI ALMEIDA	35	M2039	40	M					CLUBE VODAFONE	00:40:34
113	448	DIOGO FELISBERTO	25	M2039	41	M					INDIVIDUAL	00:40:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
114	489	MARCOS PEREIRA	59	M5559	7	M					INDIVIDUAL	00:40:39
115	388	MARCO SOUSA	52	M5054	8	M					GD JOANINHAS LEIAO	00:40:40
116	168	CARLOS M FERNANDES	49	M4549	20	M					GDOA	00:40:41
117	254	JOAO SOARES	58	M5559	8	M					NS SAO MIGUEL	00:40:42
118	958	ROGERIO FAZENDA	32	M2039	42	M					INDIVIDUAL	00:40:44
119	925	CARLOS PEDRO	40	M4044	24	M					C ORIENTAL LISBOA	00:40:45
120	361	TIAGO CORREIA	26	M2039	43	M					PUPILOS EXERCITO	00:40:46
121	27	LEONEL NEVES	58	M5559	9	M					A VALE SILENCIO	00:40:47
122	141	FABRICIO DIAS	30	M2039	44	M	1				ANDDI PORTUGAL	00:40:49
123	160	JOAO HEITOR	61	M6099	4	M					CA PAÇO ARCOS	00:40:49
124	563	JOSÉ DUARTE	32	M2039	45	M					INDIVIDUAL	00:40:53
125	1015	JOAO SALVADO	45	M4549	21	M					CR LEOES P SALVO	00:40:55
126	300	PEDRO SEMEDO	39	M2039	46	M	1				GCA NAV PORTO	00:40:57
127	491	ALBINO NEIVA	66	M6099	5	M					INDIVIDUAL	00:40:58
128	1071	JAIME FIGUEIREDO	45	M4549	22	M					CDR AGUIAS UNIDAS	00:40:58
129	387	VEACESLAV IGNAT	33	M2039	47	M					GD JOANINHAS LEIAO	00:40:59
130	600	PEDRO MARQUES	36	M2039	48	M					INDIVIDUAL	00:41:01
131	95	NUNO AZEVEDO	33	M2039	49	M					CCDT METRO LX	00:41:04
132	163	GERMANO PIRES	54	M5054	9	M					GDOA	00:41:08
133	142	FLAVIO SANTOS	18	M1819	3	M					IGREJA UNIFICAÇÃO	00:41:10
134	407	ADOLFO LEAL	44	M4044	25	M					REST O CARTAXEIRO	00:41:15
135	912	CARLOS CERQUEIRA	34	M2039	50	M					TARTARUGAS	00:41:15
136	105	GONÇALO FERREIRA	39	M2039	51	M					GD INE	00:41:17
137	106	MARCOS OLIVEIRA	38	M2039	52	M					GD INE	00:41:20
138	71	GUMERSINDO RODRIGUES	61	M6099	6	M					AA LEBRES SADO	00:41:21
139	198	ANTONIO CASTRO	42	M4044	26	M					GD SANTANDER TOTTA	00:41:22 1
140	1034	LUCILIA SOARES	49	F4549	1	F					SL BENFICA	00:41:22
141	560	LUIS NEVES	33	M2039	53	M					MARINHAIS AC	00:41:26
142	940	PEDRO C LIMA	45	M4549	23	M					INDIVIDUAL	00:41:26
143	634	ROMULO TEIXEIRA	33	M2039	54	M					CLUBE VODAFONE	00:41:28
144	653	RUI LOPES	59	M5559	10	M					CD GRUPO BES	00:41:28
145	192	RUI MARTINS	56	M5559	11	M					GD SANTANDER TOTTA	00:41:31
146	508	VITOR LEBRE	36	M2039	55	M					INDIVIDUAL	00:41:32
147	265	RUI PINTO	46	M4549	24	M					CR CRUZ PAU	00:41:34
148	532	CELSO GOUVEIA	44	M4044	27	M					INDIVIDUAL	00:41:40
149	708	FILIPE CARVALHEIRO	48	M4549	25	M					INDIVIDUAL	00:41:41
150	380	PEDRO PEREIRA	36	M2039	56	M					MISTER TEAM	00:41:46
151	517	ANTONIO P LOPES	51	M5054	10	M					CC ARGANIL	00:41:47
152	697	ANTONIO FERNANDES	48	M4549	26	M					INDIVIDUAL	00:41:48
153	29	PAULO PORTUGAL	46	M4549	27	M					A VALE SILENCIO	00:41:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
154	1092	ISABEL MALDONADO	48	F4549	2	F					GR QTA LOMBA	00:41:49
155	997	MANUEL ARAÚJO	50	M5054	11	M					CR LEOES P SALVO	00:41:53
156	481	LUIS BATATA	34	M2039	57	M					INDIVIDUAL	00:41:56
157	473	VALTER MORAIS	28	M2039	58	M					INDIVIDUAL	00:42:00
158	65	JOAO PASTOR	39	M2039	59	M					AA MAFRA	00:42:04
159	212	ANTONIO FERREIRA	40	M4044	28	M					GD SANTANDER TOTTA	00:42:07
160	61	PAULA FERNANDES	47	F4549	3	F					GARMIN/ CO OEIRAS	00:42:10
161	980	JOAO AFONSO	36	M2039	60	M					INDIVIDUAL	00:42:11
162	441	CARLOS JACINTO	42	M4044	29	M					INDIVIDUAL	00:42:14
163	1038	JOAO GUEDES	38	M2039	61	M					INDIVIDUAL	00:42:18
164	1076	VITOR JORGE	49	M4549	28	M					CDR AGUIAS UNIDAS	00:42:21
165	519	SÉRGIO MARTINS	34	M2039	62	M					INDIVIDUAL	00:42:23
166	144	ARMINDO SANTOS	50	M5054	12	M					IGREJA UNIFICAÇÃO	00:42:24
167	534	MARCO LOURENÇO	33	M2039	63	M					INDIVIDUAL	00:42:28
168	599	JOSE B P DIAS	21	M2039	64	M					INDIVIDUAL	00:42:28
169	173	DAVID PALMEIRO	45	M4549	29	M					SL CAMPOLIDE	00:42:29
170	323	JOAO ESTEVES	45	M4549	30	M					ODIMARQ ALUMINIOS	00:42:29
171	118	LUCIA OLIVEIRA	32	F2039	11	F					AÇOREANA C BANIF	00:42:30
172	133	RUI OLIVEIRA	41	M4044	30	M					AÇOREANA C BANIF	00:42:30
173	75	CARLOS PORFIRIO	60	M6099	7	M					O MUNDO CORRIDA	00:42:32
174	967	HELENA MARTINS	50	F5099	1	F					AA MAFRA	00:42:35
175	596	RUI PINELA	40	M4044	31	M					INDIVIDUAL	00:42:40
176	1098	NUNO PIMENTA	34	M2039	65	M					INDIVIDUAL	00:42:43
177	129	PAULO TORRAO	40	M4044	32	M					AÇOREANA C BANIF	00:42:44
178	557	GONÇALO FERREIRA	38	M2039	66	M					INDIVIDUAL	00:42:45
179	97	ORLANDO SILVA	54	M5054	13	M					CCDT METRO LX	00:42:47
180	410	CARLOS A BAPTISTA	51	M5054	14	M					SC CASAINHOS	00:42:48
181	174	MANUEL FONSECA	48	M4549	31	M					SL CAMPOLIDE	00:42:51
182	1047	ANTONIO S HENRIQUES	39	M2039	67	M					INDIVIDUAL	00:42:51
183	543	JOSE AUGUSTO	39	M2039	68	M					FALÇOES SELVAGES	00:42:52
184	189	JOSE MARÇAL	55	M5559	12	M					GD SANTANDER TOTTA	00:42:53
185	723	ANTONIO S COSTA	44	M4044	33	M					INDIVIDUAL	00:42:55
186	78	MANUEL MENDES	46	M4549	32	M					DEZ PRAS ONZE	00:42:56
187	344	PAULO LOPES	40	M4044	34	M					GE OS ECONOMICOS	00:43:01
188	352	ALBERTINO MOTA	32	M2039	69	M					GE OS ECONOMICOS	00:43:01
189	654	LUIS LINO	42	M4044	35	M					CD GRUPO BES	00:43:05
190	998	LUÍS AIRES	40	M4044	36	M					CR LEOES P SALVO	00:43:07
191	280	CARLOS CRISTOVAO	36	M2039	70	M					GDCT IN CASA MOEDA	00:43:09
192	108	NUNO MARTINS	39	M2039	71	M					GD INE	00:43:11
193	240	RUBEN FERREIRA	19	M1819	4	M					GD MACEDO OCULISTA	00:43:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
194	1137	LUIS GOMES	27	M2039	72	M					INDIVIDUAL	00:43:16
195	155	MANUEL SILVA	56	M5559	13	M					MULTIFLOW	00:43:18
196	270	JOSE DIAS	55	M5559	14	M					CR CRUZ PAU	00:43:18
197	965	FILIFE ENCARNAÇÃO	27	M2039	73	M					GANG IMPERIAIS	00:43:18
198	1014	MANUEL RODRIGUES	53	M5054	15	M					CR LEOES P SALVO	00:43:18
199	1008	ARMANDO CORREIA	60	M6099	8	M					CR LEOES P SALVO	00:43:20
200	208	CARLOS TEIXEIRA	39	M2039	74	M					GD SANTANDER TOTTA	00:43:21
201	1043	ARISTIDES MONTEIRO	41	M4044	37	M					INDIVIDUAL	00:43:26
202	235	JOSE REIS	58	M5559	15	M					GD MACEDO OCULISTA	00:43:27
203	316	JOAO CALDAS	46	M4549	33	M					CLUBE AUTOCOOPE	00:43:28
204	150	LUIS FERREIRA	32	M2039	75	M					CA GALINHEIRAS	00:43:30 1
205	530	ANTONIO RELVAS	49	M4549	34	M					INDIVIDUAL	00:43:30
206	62	PAULA LEMOS	45	F4549	4	F					GARMIN/ CO OEIRAS	00:43:31
207	469	EDUARDO RODRIGUES	52	M5054	16	M					INDIVIDUAL	00:43:31
208	250	BERNARDO GRADISSIMO	53	M5054	17	M					NS SAO MIGUEL	00:43:32
209	257	JOSE ALVES	62	M6099	9	M					NS SAO MIGUEL	00:43:33
210	44	CARLOS COELHO	50	M5054	18	M					GA MONSANTO	00:43:36
211	971	RUI FERREIRA	40	M4044	38	M					REST O CARTAXEIRO	00:43:37
212	735	ANTÓNIO BATALHA	58	M5559	16	M					INDIVIDUAL	00:43:38
213	559	JOSE E F PENA	47	M4549	35	M					INDIVIDUAL	00:43:40
214	1013	FATIMA SANTOS	60	F5099	2	F					CR LEOES P SALVO	00:43:41
215	1056	NUNO M PEREIRA	35	M2039	76	M					ACC TEAM	00:43:50
216	954	PEDRO AFONSO	44	M4044	39	M					INDIVIDUAL	00:43:52
217	32	GUILHERME GONÇALVES	51	M5054	19	M					C FERROV PORTUGAL	00:43:54
218	303	ANTONIO RAMOS	43	M4044	40	M					CCD EFACEC LX	00:43:55
219	636	JOAO ROSA	36	M2039	77	M					CLUBE VODAFONE	00:43:57
220	633	HELDER BRANCO	40	M4044	41	M					CLUBE VODAFONE	00:43:58
221	1063	NUNO CARMO	37	M2039	78	M					INDIVIDUAL	00:44:02
222	1039	SANDRO JORDAO	30	M2039	79	M					INDIVIDUAL	00:44:03
223	513	ALEXANDRE VAZ	38	M2039	80	M					INDIVIDUAL	00:44:04
224	309	JOAO SILVA	48	M4549	36	M					CCD EFACEC LX	00:44:06
225	645	JULIO FERREIRA	57	M5559	17	M					CD GRUPO BES	00:44:09
226	1114	PEDRO BASILIO	41	M4044	42	M					C ORIENTAL LISBOA	00:44:11
227	175	ALFREDO VALENTE	48	M4549	37	M					SL CAMPOLIDE	00:44:13
228	200	ANTONIO CRUZ	64	M6099	10	M					GD SANTANDER TOTTA	00:44:14
229	1003	ALCINDO ALMEIDA	53	M5054	20	M					CR LEOES P SALVO	00:44:14
230	604	HELDER MARTINHO	28	M2039	81	M					INDIVIDUAL	00:44:17
231	1005	MÁRIO PIRES	61	M6099	11	M					CR LEOES P SALVO	00:44:17
232	225	CARLA PINTO	40	F4044	3	F					GD MACEDO OCULISTA	00:44:18
233	617	EDUARDO LUÍS	33	M2039	82	M					ATOMIC TEAM	00:44:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
234	501	JOAQUIM P MARQUES	42	M4044	43	M					INDIVIDUAL	00:44:21
235	984	HUGO TAVARES	28	M2039	83	M					INDIVIDUAL	00:44:21
236	616	VICTOR PINTO	48	M4549	38	M					ATOMIC TEAM	00:44:22
237	123	FAUSTO ISAAC	42	M4044	44	M					AÇOREANA C BANIF	00:44:24
238	694	RICARDO ENGUIÇA	33	M2039	84	M					INDIVIDUAL	00:44:24
239	946	FERNANDO LOPES	41	M4044	45	M					GAB FISIO DESPORTO	00:44:24
240	402	JOAO PAIVA	41	M4044	46	M					CLUBE ANACOM	00:44:27
241	981	MIGUEL GOMES	41	M4044	47	M					INDIVIDUAL	00:44:29
242	343	JOAO SOUSA	18	M1819	5	M					C ORIENTAL LISBOA	00:44:31
243	337	FERNANDO LUZ	42	M4044	48	M					GDCT UNICRE	00:44:33
244	485	JOSE FAUSTINO	58	M5559	18	M					INDIVIDUAL	00:44:35
245	455	JOAO REVES	37	M2039	85	M					INDIVIDUAL	00:44:37
246	970	ARLINDO PAIXÃO	48	M4549	39	M					REST O CARTAXEIRO	00:44:38
247	76	AUGUSTO FERNANDES	47	M4549	40	M					DEZ PRAS ONZE	00:44:40
248	374	HELDER VAZ	31	M2039	86	M					CCD SINTRENSE	00:44:40
249	576	ANDRE SILVA	23	M2039	87	M					INDIVIDUAL	00:44:40
250	178	MANUEL MARTINS	55	M5559	19	M					SL CAMPOLIDE	00:44:41
251	377	RICARDO FRADE	49	M4549	41	M					CCD SINTRENSE	00:44:41
252	490	PAULO J SANTOS	45	M4549	42	M					INDIVIDUAL	00:44:41
253	966	ANTONIO FIGUEIREDO	31	M2039	88	M					GANG IMPERIAIS	00:44:41
254	86	MANUEL COSTA	55	M5559	20	M					CCDT METRO LX	00:44:42
255	264	DIOGO COSTA	63	M6099	12	M					CR CRUZ PAU	00:44:42
256	84	ANTONIO GONÇALVES	46	M4549	43	M					CCDT METRO LX	00:44:43
257	85	ANTONIO PEREIRA	47	M4549	44	M					CCDT METRO LX	00:44:43
258	262	JOSE MONTEIRO	62	M6099	13	M					CR CRUZ PAU	00:44:49
259	378	LUIS F GAMA	48	M4549	45	M					AMIGOS PONTE FEIJAO	00:44:50
260	340	TIAGO AVELAS	36	M2039	89	M					SS CGD	00:44:51
261	164	JOAQUIM VARANDA	49	M4549	46	M					GDOA	00:44:53
262	256	JOAQUIM NEIVA	68	M6099	14	M					NS SAO MIGUEL	00:44:55
263	639	PEDRO LOURENÇO	42	M4044	49	M					CLUBE VODAFONE	00:44:57
264	1049	EDUARDO RIBEIRO	27	M2039	90	M					INDIVIDUAL	00:44:57
265	412	ARMANDO CORREIA	29	M2039	91	M					SC CASAINHOS	00:45:00
266	496	EDILSON A SILVA	35	M2039	92	M					INDIVIDUAL	00:45:00
267	466	PAULO PEREIRA	38	M2039	93	M					INDIVIDUAL	00:45:01
268	252	LEONEL SELEIRO	54	M5054	21	M					NS SAO MIGUEL	00:45:07
269	255	FERNANDO SANTOS	58	M5559	21	M					NS SAO MIGUEL	00:45:07
270	544	JOAO VERÍSSIMO	53	M5054	22	M					TOCANDAR	00:45:08
271	575	Mª ROSA CARITA	51	F5099	3	F					OS INDIVIDUAIS	00:45:10
272	963	MIGUEL MENEZES	39	M2039	94	M					INDIVIDUAL	00:45:10
273	432	ANTONIO A FERNANDES	75	M6099	15	M					INDIVIDUAL	00:45:11 1

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
274	302	MANUEL FIDALGO	59	M5559	22	M					CCD EFACEC LX	00:45:12
275	715	SÉRGIO M PEREIRA	37	M2039	95	M					PAACID	00:45:12
276	315	ANTONIO ALMEIDA	48	M4549	47	M					CLUBE AUTOCOOPE	00:45:16
277	366	FELIPE SOUSA	40	M4044	50	M					UNIDOS MANUTENÇÃO	00:45:16
278	579	ANTONIO MACHADO	41	M4044	51	M					INDIVIDUAL	00:45:16
279	462	JORGE MIRANDA	44	M4044	52	M	1				INDIVIDUAL	00:45:19
280	1064	JOAO L FERNANDES	32	M2039	96	M					INDIVIDUAL	00:45:19
281	149	JOSE COSTA	41	M4044	53	M					CA GALINHEIRAS	00:45:20 1
282	199	FERNANDO CARDOSO	63	M6099	16	M					GD SANTANDER TOTTA	00:45:22
283	124	FERNANDO CELESTINO	53	M5054	23	M					AÇOREANA C BANIF	00:45:25
284	177	ANTONIO SILVA	51	M5054	24	M					SL CAMPOLIDE	00:45:26
285	310	JOSE BARROCO	53	M5054	25	M					CCD EFACEC LX	00:45:27
286	929	ANTONIO BATISTA	64	M6099	17	M					CD ESTRELA	00:45:28
287	411	MANUEL BENTO	35	M2039	97	M					SC CASAINHOS	00:45:29
288	642	CARLOS ESTEVES	43	M4044	54	M					CLUBE VODAFONE	00:45:29
289	480	RUI BATATA	30	M2039	98	M					INDIVIDUAL	00:45:30
290	1041	NELSON SANTOS	40	M4044	55	M					INDIVIDUAL	00:45:30
291	287	EGIDIO SILVA	48	M4549	48	M					SS CGD	00:45:31
292	243	JOAO MOACHO	54	M5054	26	M					NS SAO MIGUEL	00:45:34
293	79	JOSE BORGES	51	M5054	27	M					DEZ PRAS ONZE	00:45:35
294	991	JOAQUIM FERRÃO	51	M5054	28	M					CR LEOES P SALVO	00:45:36
295	672	JORGE M MONTEIRO	39	M2039	99	M					INDIVIDUAL	00:45:38
296	932	GHEORGHE TICU	21	M2039	100	M					INDIVIDUAL	00:45:43
297	666	RUI P JULIÃO	46	M4549	49	M					GEORUNNERS	00:45:45
298	691	ALCEU ESTEVES	46	M4549	50	M					NS SAO MIGUEL	00:45:52
299	110	PEDRO C MOREIRA	38	M2039	101	M					GD INE	00:45:53
300	53	NUNO MONTEIRO	31	M2039	102	M					RUNNING OF D MARIA	00:45:54
301	335	GONÇALO OLIVEIRA	49	M4549	51	M					GDCT UNICRE	00:45:54 1
302	336	FERNANDO GONÇALVES	44	M4044	56	M					GDCT UNICRE	00:45:54
303	435	VITOR BARATA	55	M5559	23	M					INDIVIDUAL	00:45:54
304	1126	MARGARIDA GODINHO	52	F5099	4	F					INDIVIDUAL	00:46:00
305	332	EDUARDO RIBEIRO	44	M4044	57	M					GDCT UNICRE	00:46:07
306	371	RICARDO CEBOLA	29	M2039	103	M					UNIDOS MANUTENÇÃO	00:46:07
307	541	ANTONIO GONÇALVES	50	M5054	29	M					INDIVIDUAL	00:46:08
308	588	ANDRE FERNANDES	36	M2039	104	M					INDIVIDUAL	00:46:12
309	979	FILIPE GOULÃO	32	M2039	105	M					INDIVIDUAL	00:46:14
310	652	JOSE PEQUENO	36	M2039	106	M					CD GRUPO BES	00:46:15
311	135	VIRGILIO MADEIRA	52	M5054	30	M					AÇOREANA C BANIF	00:46:19
312	439	HENRIQUE NARCISO	46	M4549	52	M					INDIVIDUAL	00:46:22
313	134	TAM AFONSO	59	M5559	24	M					AÇOREANA C BANIF	00:46:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
314	417	JOAQUIM J F BACALHAU	58	M5559	25	M					INDIVIDUAL	00:46:24
315	632	PAULO TRILHO	36	M2039	107	M					CLUBE VODAFONE	00:46:25
316	619	GRAÇA ROLDÃO	47	F4549	5	F					OS TUGAS	00:46:26
317	125	FRANCISCO PEREIRA	44	M4044	58	M					AÇOREANA C BANIF	00:46:32
318	1053	JORGE SEBASTIAO	36	M2039	108	M					INDIVIDUAL	00:46:32
319	246	ANTONIO GOMES	43	M4044	59	M					NS SAO MIGUEL	00:46:33
320	379	PAULO SOUSA	38	M2039	109	M					MISTER TEAM	00:46:37
321	34	CARLOS SANTOS	60	M6099	18	M					C FERROV PORTUGAL	00:46:38
322	232	JOAQUIM MACEDO	57	M5559	26	M					GD MACEDO OCULISTA	00:46:41
323	236	LUIS MACEDO	32	M2039	110	M					GD MACEDO OCULISTA	00:46:41
324	688	RUI MADRUGA	29	M2039	111	M					INDIVIDUAL	00:46:44
325	115	JORGE SERRA	45	M4549	53	M					AÇOREANA C BANIF	00:46:45
326	121	ANTONIO GUEDES	41	M4044	60	M					AÇOREANA C BANIF	00:46:45
327	577	ANTONIO R S JÚNIOR	44	M4044	61	M					INDIVIDUAL	00:46:49
328	721	NUNO SILVA	36	M2039	112	M					INDIVIDUAL	00:46:49
329	668	RICARDO MENDONÇA	41	M4044	62	M					CASCAIS PANDILHA	00:46:52
330	1077	IDALECIO BARROS	57	M5559	27	M					INDIVIDUAL	00:46:56
331	130	PEDRO BURGUETTE	36	M2039	113	M					AÇOREANA C BANIF	00:46:59
332	167	PEDRO DIAS	37	M2039	114	M					GDOA	00:46:59
333	191	JOSE RIBEIRO	66	M6099	19	M					GD SANTANDER TOTTA	00:46:59
334	622	ANTONIO GONÇALVES	50	M5054	31	M					OS TUGAS	00:47:01
335	369	GIL ALVES	35	M2039	115	M					UNIDOS MANUTENÇÃO	00:47:04
336	1036	JOSE FERREIRA	30	M2039	116	M					INDIVIDUAL	00:47:04
337	1086	NUNO M B MARTINS	39	M2039	117	M					INDIVIDUAL	00:47:05
338	651	RUI GAMEIRO	38	M2039	118	M					CD GRUPO BES	00:47:06
339	428	MARCO P O COSTA	33	M2039	119	M					INDIVIDUAL	00:47:08
340	957	CÉSAR SANTOS	39	M2039	120	M					INDIVIDUAL	00:47:08
341	973	RICARDO ARRAIAS	39	M2039	121	M					INDIVIDUAL	00:47:08
342	1068	TINA OLIVEIRA	47	F4549	6	F					CDR AGUIAS UNIDAS	00:47:10
343	993	LUÍSA SANTO	44	F4044	4	F					CR LEOES P SALVO	00:47:12
344	1083	ANDRE SILVA	26	M2039	122	M					INDIVIDUAL	00:47:12
345	399	RICARDO FONSECA	27	M2039	123	M					GD CIMPOR	00:47:13
346	479	FILIPE SA	40	M4044	63	M					INDIVIDUAL	00:47:15
347	529	ALBERTO MARINHO	33	M2039	124	M					INDIVIDUAL	00:47:16
348	278	JOAO FREIRE	46	M4549	54	M					GDCT IN CASA MOEDA	00:47:19
349	104	FERNANDO CARVALHO	46	M4549	55	M					GD INE	00:47:22
350	242	PAULO MARQUES	34	M2039	125	M					NS SAO MIGUEL	00:47:24
351	928	JOAO RIJO	24	M2039	126	M					INDIVIDUAL	00:47:26
352	413	NELSON DIAS	28	M2039	127	M					SC CASAINHOS	00:47:27
353	505	ORLANDO COUTO	56	M5559	28	M					4 AO KM	00:47:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
354	1082	CARLOS HENRIQUES	34	M2039	128	M					CANHOES	00:47:38
355	705	BRUNO PETRÔNIO	34	M2039	129	M					TARTARUGAS	00:47:39
356	911	ISIDRO DUARTE	44	M4044	64	M					TARTARUGAS	00:47:39
357	680	FRANCISCO SILVA	51	M5054	32	M					FALÇOES SELVAGES	00:47:40
358	702	ORLANDO A MARTINS	56	M5559	29	M					INDIVIDUAL	00:47:40
359	746	ABILIO MARINHO	42	M4044	65	M					CD ESTRELA	00:47:41
360	724	LUIS BATISTA	41	M4044	66	M					INDIVIDUAL	00:47:43
361	1115	JOSE C COSTA	52	M5054	33	M					REPORTPRO	00:47:45
362	497	LEONEL PIRES	67	M6099	20	M					INDIVIDUAL	00:47:46
363	1089	PAULO PERALTA	39	M2039	130	M					INDIVIDUAL	00:47:46
364	573	JOSE FERREIRA	47	M4549	56	M					INDIVIDUAL	00:47:48
365	244	ISABEL CABRAL	53	F5099	5	F					NS SAO MIGUEL	00:47:50
366	647	EDUARDO FIGUEIREDO	40	M4044	67	M					CD GRUPO BES	00:47:52
367	39	JULIO MARTINS	44	M4044	68	M					C FERROV PORTUGAL	00:47:54
368	111	PEDRO GOMES	26	M2039	131	M					GD INE	00:47:54
369	595	JOAO R REIS	60	M6099	21	M					INDIVIDUAL	00:47:54
370	431	CARLOS MIRANDA	35	M2039	132	M					INDIVIDUAL	00:47:57
371	915	JOAO BENEVENTE	59	M5559	30	M					AMIGOS PARQUE PAZ	00:47:58
372	251	JOAO SANTOS	53	M5054	34	M					NS SAO MIGUEL	00:48:00
373	670	PEDRO FERNANDES	39	M2039	133	M					CASCAIS PANDILHA	00:48:00
374	131	PEDRO SOUSA	30	M2039	134	M					AÇOREANA C BANIF	00:48:01
375	253	MANUEL ALMEIDA	54	M5054	35	M					NS SAO MIGUEL	00:48:01
376	327	LUIS AMORIM	53	M5054	36	M					NA BEIERSDORF	00:48:01
377	328	VICENTE DIAS	57	M5559	31	M					NA BEIERSDORF	00:48:01
378	381	ARLINDO BRAS	47	M4549	57	M					AMIGOS ESTRELA	00:48:01
379	493	LUIS MARTINS	46	M4549	58	M					INDIVIDUAL	00:48:01
380	713	ADOLFO NUNES	34	M2039	135	M					PAACID	00:48:03
381	1027	MANUEL TRINDADE	55	M5559	32	M					INDIVIDUAL	00:48:03
382	464	DAMIAO SANTOS	36	M2039	136	M					INDIVIDUAL	00:48:04
383	1018	CARLOS MACHADO	35	M2039	137	M					INDIVIDUAL	00:48:06
384	451	VITOR M M TEIXEIRA	52	M5054	37	M					INDIVIDUAL	00:48:07
385	206	AUGUSTO LOPES	57	M5559	33	M					GD SANTANDER TOTTA	00:48:08
386	268	PAULO GOMES	46	M4549	59	M					CR CRUZ PAU	00:48:08
387	953	PEDRO MACEDO	31	M2039	138	M					INDIVIDUAL	00:48:08
388	1122	MANUEL MARTINS	42	M4044	69	M					ACADEMIA LUMIAR	00:48:08
389	202	LIDIA LOPES	49	F4549	7	F					GD SANTANDER TOTTA	00:48:10
390	281	VITOR CARDOSO	34	M2039	139	M					GDCT IN CASA MOEDA	00:48:11
391	719	RUI MACHINHO	35	M2039	140	M					INDIVIDUAL	00:48:13
392	964	RICARDO FRANCO	39	M2039	141	M					INDIVIDUAL	00:48:14
393	38	ANTONIO FERREIRA	55	M5559	34	M					C FERROV PORTUGAL	00:48:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
394	664	HEITOR GOMES	39	M2039	142	M					GEORUNNERS	00:48:15
395	914	JOAO OLIVEIRA	35	M2039	143	M					GDA	00:48:15
396	100	RUI M R ARAUJO	53	M5054	38	M					CCDT METRO LX	00:48:16
397	1127	RUBEN COSTA	47	M4549	60	M					INDIVIDUAL	00:48:16
398	1052	AMERICO COSTA	54	M5054	39	M					TECNO SPIE	00:48:17
399	58	ISABEL RODRIGUES	40	F4044	5	F					GARMIN/ CO OEIRAS	00:48:19
400	152	Mª ORLETE MENDES	61	F5099	6	F					CA GALINHEIRAS	00:48:19
401	1009	MARIA PEDRO	47	F4549	8	F					CR LEOES P SALVO	00:48:19
402	427	MANUEL A PEREIRA	59	M5559	35	M					INDIVIDUAL	00:48:20
403	475	ABILIO TAVARES	56	M5559	36	M					INDIVIDUAL	00:48:20
404	618	SANDRO PINTO	36	M2039	144	M					INDIVIDUAL	00:48:25
405	675	FERNANDO MARTINHO	49	M4549	61	M					INDIVIDUAL	00:48:27
406	1024	ALEXANDRE ABADE	37	M2039	145	M					INDIVIDUAL	00:48:27
407	55	NORBERTO MARQUES	41	M4044	70	M					RUNNING OF D MARIA	00:48:29
408	918	JOSE CARREIRAS	37	M2039	146	M					INDIVIDUAL	00:48:29
409	919	CARLOS M GONÇALVES	55	M5559	37	M					LEBRES TARTARUGAS	00:48:30
410	165	JOSE M ANDRADE	46	M4549	62	M					GDOA	00:48:31
411	511	LUIS XAVIER	39	M2039	147	M					INDIVIDUAL	00:48:31
412	976	SÉRGIO B PEDRO	29	M2039	148	M					INDIVIDUAL	00:48:33
413	28	ANTONIO FERNANDES	55	M5559	38	M					A VALE SILENCIO	00:48:35
414	602	ANTONIO CORREIA	54	M5054	40	M					INDIVIDUAL	00:48:37
415	677	DAVID CRUZ	24	M2039	149	M					INDIVIDUAL	00:48:42
416	156	TOMAS SOUSA	35	M2039	150	M					OS SUPER	00:48:44
417	1040	VITOR FERREIRA	47	M4549	63	M					INDIVIDUAL	00:48:44
418	66	LUIS SANTOS	38	M2039	151	M					AA MAFRA	00:48:45
419	216	LUCIO SILVA	45	M4549	64	M					GD SANTANDER TOTTA	00:48:47
420	456	ALBINO FERREIRA	47	M4549	65	M					INDIVIDUAL	00:48:47
421	568	JOSE SILVA	26	M2039	152	M					INDIVIDUAL	00:48:47
422	972	JOAO CABANAS	30	M2039	153	M					SQUADRA	00:48:48
423	1091	TIAGO CANHOTO	39	M2039	154	M					INDIVIDUAL	00:48:48
424	408	LUIS F P ALMEIDA	50	M5054	41	M					CC LINDA A VELHA	00:48:49
425	562	JOSE LEAL	35	M2039	155	M					MARINHAIS AC	00:48:49
426	500	ALEXANDRE E SANTO	30	M2039	156	M					INDIVIDUAL	00:48:52
427	527	ORLANDO ZACARIAS	60	M6099	22	M					INDIVIDUAL	00:48:52
428	238	MARIA VEIGA	37	F2039	12	F					GD MACEDO OCULISTA	00:48:53
429	470	LUIS NEVES	53	M5054	42	M					INDIVIDUAL	00:48:56
430	1094	MIGUEL RAMALHO	30	M2039	157	M					VALADARES	00:48:57 1
431	319	CARLOS FERREIRA	54	M5054	43	M					CLUBE AUTOCOOPE	00:48:58
432	502	JOSE HILARIO	52	M5054	44	M					INDIVIDUAL	00:48:58
433	1022	ADRIANO CUNHA	57	M5559	39	M					INDIVIDUAL	00:48:59

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
434	592	JOSE C A TRONCOSO	50	M5054	45	M					INDIVIDUAL	00:49:00
435	1104	TIAGO B MENDES	38	M2039	158	M					OS TUGAS	00:49:01
436	159	MANUEL SEQUEIRA	61	M6099	23	M					GDCT REPSOL	00:49:02
437	522	RAUL J MATOS	43	M4044	71	M					INDIVIDUAL	00:49:02
438	725	RUI TRINDADE	42	M4044	72	M					CD ESTRELA	00:49:03
439	258	GERMANO BERNARDO	56	M5559	40	M					CR CRUZ PAU	00:49:06
440	114	JOSE SANTOS	52	M5054	46	M					AÇOREANA C BANIF	00:49:07
441	483	CARLOS AFONSO	52	M5054	47	M					INDIVIDUAL	00:49:07
442	127	MICHEL COSTA	40	M4044	73	M					AÇOREANA C BANIF	00:49:08
443	161	FERNANDO FARIA	31	M2039	159	M					FARIAS E NAVALHAS	00:49:09
444	542	JOAQUIM PINTO	53	M5054	48	M					INDIVIDUAL	00:49:10
445	711	MARIA SETIL	32	F2039	13	F					PAACID	00:49:10
446	693	JORGE CARREIRA	45	M4549	66	M					C ORIENTAL LISBOA	00:49:12
447	1067	NUNO ESPANA	29	M2039	160	M					INDIVIDUAL	00:49:13
448	671	TIAGO COSTA	37	M2039	161	M					CASCAIS PANDILHA	00:49:14
449	1087	MIGUEL OLIVEIRA	41	M4044	74	M					VALADARES II	00:49:14
450	214	ANTONIO NOBRE	40	M4044	75	M					GD SANTANDER TOTTA	00:49:16
451	631	MANUEL CORREIA	53	M5054	49	M					CLUBE VODAFONE	00:49:17
452	400	ORLANDO FERREIRA	54	M5054	50	M					GD CIMPOR	00:49:19
453	423	FERNANDO DIAS	50	M5054	51	M					INDIVIDUAL	00:49:19
454	1062	VITOR LEMOS	31	M2039	162	M					INDIVIDUAL	00:49:19
455	360	JOANA MOUTELA	30	F2039	14	F					PUPILOS EXERCITO	00:49:20
456	582	MAURICIO ANTUNES	27	M2039	163	M					INDIVIDUAL	00:49:20
457	35	MARTINS BARATA	68	M6099	24	M					C FERROV PORTUGAL	00:49:22
458	170	LUIS FARELO	46	M4549	67	M					ORISTARS FARELO	00:49:22
459	528	CARLOS M O SILVA	46	M4549	68	M					INDIVIDUAL	00:49:22
460	169	TIAGO BASTOS	34	M2039	164	M					ORISTARS FARELO	00:49:23
461	171	MARCOS MELLO	52	M5054	52	M					ORISTARS FARELO	00:49:23
462	438	PEDRO S TRABUCHO	48	M4549	69	M					INDIVIDUAL	00:49:23
463	655	JOAO TOMÁS	37	M2039	165	M					CD GRUPO BES	00:49:23
464	347	ANTONIO VEIGA	74	M6099	25	M					GE OS ECONOMICOS	00:49:25
465	162	ANDRE TAVARES	23	M2039	166	M					FARIAS E NAVALHAS	00:49:26
466	722	JOAQUIM O COSTA	61	M6099	26	M					INDIVIDUAL	00:49:26
467	1136	MARCO MONTEIRO	36	M2039	167	M					NUCLEOEIRAS/	00:49:27
468	351	VERA CORREIA	37	F2039	15	F					GE OS ECONOMICOS	00:49:29
469	1029	JOAO MIGUEL	73	M6099	27	M					TANGAS	00:49:29
470	643	ANA MENDES	38	F2039	16	F					CD GRUPO BES	00:49:30
471	1128	GUILHERME ROSA	47	M4549	70	M					NA CNAS	00:49:33
472	263	JOAO TOMAS	56	M5559	41	M					CR CRUZ PAU	00:49:35
473	956	LUIS SANTOS	44	M4044	76	M					INDIVIDUAL	00:49:38

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
474	426	BERNARDO BORDALO	31	M2039	168	M					INDIVIDUAL	00:49:40
475	339	ANTONIO FONSECA	42	M4044	77	M					SS CGD	00:49:42
476	333	PAULO FRANÇA	49	M4549	71	M					GDCT UNICRE	00:49:43
477	685	RENATO CARVALHO	29	M2039	169	M					INDIVIDUAL	00:49:43
478	50	MIGUEL TEIXEIRA	32	M2039	170	M					RUNNING OF D MARIA	00:49:46
479	269	JOAO LOURENÇO	47	M4549	72	M					CR CRUZ PAU	00:49:46
480	507	MOISES CARDOSO	33	M2039	171	M					INDIVIDUAL	00:49:47
481	1120	LUCIO MORAIS	52	M5054	53	M					ACADEMIA LUMIAR	00:49:47
482	734	CARLOS CORREIA	35	M2039	172	M					GE OS ECONOMICOS	00:49:49
483	1051	BERNARDINO SOARES	59	M5559	42	M					INDIVIDUAL	00:49:50
484	153	MANUEL AZEVEDO	54	M5054	54	M					MULTIFLOW	00:49:51
485	477	JOSE RIJO	63	M6099	28	M					INDIVIDUAL	00:49:51
486	662	MARIO J SILVA	51	M5054	55	M					GEORUNNERS	00:49:52
487	684	JOSE CORREIA	50	M5054	56	M					GEORUNNERS	00:49:52
488	922	JOSE NOGUEIRA	50	M5054	57	M					INDIVIDUAL	00:49:53
489	143	ISABEL SANTOS	42	F4044	6	F					IGREJA UNIFICAÇÃO	00:49:58
490	205	ANTONIO RODRIGUES	76	M6099	29	M					GD SANTANDER TOTTA	00:50:00
491	68	MIGUEL CASTELA	41	M4044	78	M					AA LEBRES SADO	00:50:03
492	444	TIAGO FERREIRA	29	M2039	173	M					INDIVIDUAL	00:50:04
493	87	CARLOS MOREIRA	58	M5559	43	M					CCDT METRO LX	00:50:05
494	962	JOSE LOUREIRO	47	M4549	73	M					APOGMA	00:50:07
495	463	CARLOS M SILVA	39	M2039	174	M					INDIVIDUAL	00:50:08
496	229	INACIO GONCALVES	60	M6099	30	M					GD MACEDO OCULISTA	00:50:10
497	331	PAULO DUARTE	46	M4549	74	M					GDCT UNICRE	00:50:10
498	637	ALEXANDRE COSTA	35	M2039	175	M					CLUBE VODAFONE	00:50:12
499	909	FREDERICO CARDONA	32	M2039	176	M					TARTARUGAS	00:50:14
500	73	CECILIA NICOLAU	44	F4044	7	F					AA LEBRES SADO	00:50:17
501	70	LUIS OLIVEIRA	42	M4044	79	M					AA LEBRES SADO	00:50:18
502	910	PEDRO PEREIRA	33	M2039	177	M					TARTARUGAS	00:50:19
503	1080	CARLOS COSTA	37	M2039	178	M					CANHOES	00:50:20
504	102	ANTONIO PORTUGAL	45	M4549	75	M					GD INE	00:50:23
505	603	RUI MATOS	34	M2039	179	M					INDIVIDUAL	00:50:24
506	920	CARLOS D C TEIXEIRA	51	M5054	58	M					LEBRES TARTARUGAS	00:50:24
507	312	LUIS LOUREIRO	30	M2039	180	M					CCD EFACEC LX	00:50:27
508	37	CARLOS ALVES	54	M5054	59	M					C FERROV PORTUGAL	00:50:30
509	1035	JOÃO P SANTOS	52	M5054	60	M					INDIVIDUAL	00:50:30
510	419	JOAO P FERNANDES	39	M2039	181	M					INDIVIDUAL	00:50:32
511	56	EDUARDO BRITO	38	M2039	182	M					RUNNING OF D MARIA	00:50:33
512	620	RUI P RODRIGUES	44	M4044	80	M					OS TUGAS	00:50:35
513	978	JOSE LOURENÇO	36	M2039	183	M					INDIVIDUAL	00:50:35

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
514	591	HUGO CRAVIDÃO	36	M2039	184	M					INDIVIDUAL	00:50:37
515	271	LUIS SALGUEIRO	54	M5054	61	M					CR CRUZ PAU	00:50:38
516	942	JORGE H P LOPES	27	M2039	185	M					INDIVIDUAL	00:50:38
517	314	HUGO PRATAS	27	M2039	186	M					CCD EFACEC LX	00:50:41
518	667	RUI PIRES	45	M4549	76	M					GEORUNNERS	00:50:41
519	82	PEDRO QUINA	45	M4549	77	M					DEZ PRAS ONZE	00:50:42
520	67	RUI PASTOR	39	M2039	187	M					AA MAFRA	00:50:44
521	112	SALOMÉ FERREIRA	38	F2039	17	F					GD INE	00:50:45
522	359	ANTONIO BASTOS	39	M2039	188	M					PUPILOS EXERCITO	00:50:46
523	737	MARIO LUÍS	46	M4549	78	M					CARAPAUS CORRIDA	00:50:48
524	372	CARLOS MARINA	37	M2039	189	M					CCD SINTRENSE	00:50:49
525	375	JOAO GONÇALVES	40	M4044	81	M					CCD SINTRENSE	00:50:49 1
526	376	ELSA DESIDERIO	41	F4044	8	F					CCD SINTRENSE	00:50:49
527	930	ARMANDO TAVARES	63	M6099	31	M					CD ESTRELA	00:50:54
528	1019	ANTONIO INÁCIO	65	M6099	32	M					CD ESTRELA	00:50:54 1
529	514	PAULO CRUZ	52	M5054	62	M					INDIVIDUAL	00:50:57
530	52	ADRIANO VITORINO	50	M5054	63	M					RUNNING OF D MARIA	00:51:00
531	1020	ANA MARTINS	44	F4044	9	F					INDIVIDUAL	00:51:00
532	51	RICARDO SIMOES	42	M4044	82	M					RUNNING OF D MARIA	00:51:02
533	383	JOSE L LOPES	54	M5054	64	M					AMIGOS ESTRELA	00:51:02
534	554	NUNO VEIGA	42	M4044	83	M					INDIVIDUAL	00:51:04
535	64	TERESA SEPULVEDA	30	F2039	18	F					GARMIN/ CO OEIRAS	00:51:05
536	139	LUIS ROSA	58	M5559	44	M					CAA BELEM	00:51:06
537	140	PAULO LOURINHO	42	M4044	84	M					CAA BELEM	00:51:06
538	184	GILBERTO GONÇALVES	63	M6099	33	M					CR ALVORADA	00:51:07
539	334	JOSE MILAGRES	55	M5559	45	M					GDCT UNICRE	00:51:08
540	659	PEDRO ANDRADE	41	M4044	85	M					CD GRUPO BES	00:51:10
541	621	FÁTIMA GONÇALVES	44	F4044	10	F					OS TUGAS	00:51:11
542	961	JOSE ANDRE	56	M5559	46	M					APOGMA	00:51:11
543	960	PAULO PIRES	46	M4549	79	M					APOGMA	00:51:12
544	729	PEDRO CARDOSO	38	M2039	190	M					INDIVIDUAL	00:51:13
545	1130	SERGIO LUIS	35	M2039	191	M					INDIVIDUAL	00:51:22
546	1026	JORGE FRADIQUE	52	M5054	65	M					INDIVIDUAL	00:51:23
547	635	JOAQUIM LIMA	48	M4549	80	M					CLUBE VODAFONE	00:51:25
548	429	Mª CIDALIA OLIVEIRA	51	F5099	7	F					INDIVIDUAL	00:51:27
549	736	VITOR SANTOS	40	M4044	86	M					CARAPAUS CORRIDA	00:51:28
550	739	NUNO CLEMENTE	38	M2039	192	M					CARAPAUS CORRIDA	00:51:28
551	512	SERGIO SALVADO	35	M2039	193	M					INDIVIDUAL	00:51:29
552	468	RODRIGO FERREIRA	42	M4044	87	M					INDIVIDUAL	00:51:30
553	699	ALEXANDRE NEVES	37	M2039	194	M					INDIVIDUAL	00:51:30

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
554	566	JOSE B XAVIER	42	M4044	88	M					INDIVIDUAL	00:51:34
555	465	SILVERIO BRAS	52	M5054	66	M					INDIVIDUAL	00:51:38
556	48	JORGE FERREIRA	46	M4549	81	M					RUNNING OF D MARIA	00:51:39
557	49	PAULO MARTINS	44	M4044	89	M					RUNNING OF D MARIA	00:51:39
558	393	RICARDO CAPELO	27	M2039	195	M					GD CIMPOR	00:51:39
559	433	JOSE NASCIMENTO	47	M4549	82	M					INDIVIDUAL	00:51:39
560	434	ALBERTO SOARES	50	M5054	67	M					INDIVIDUAL	00:51:39
561	447	JOSE R FERREIRA	63	M6099	34	M					INDIVIDUAL	00:51:39
562	91	JOAO SEQUEIRA	49	M4549	83	M					CCDT METRO LX	00:51:40
563	99	RAFAEL SANTOS	44	M4044	90	M					CCDT METRO LX	00:51:40
564	346	VITOR REVEZ	52	M5054	68	M					GE OS ECONOMICOS	00:51:41
565	977	PEDRO CARVALHO	39	M2039	196	M					INDIVIDUAL	00:51:41
566	362	JOSE BORDALO	59	M5559	47	M					O MUNDO CORRIDA	00:51:50
567	992	ABEL CARVALHO	54	M5054	69	M					INDIVIDUAL	00:51:58
568	665	MIGUEL LOPES	43	M4044	91	M					GEORUNNERS	00:52:00
569	318	JOSE DIAS	54	M5054	70	M					CLUBE AUTOCOOPE	00:52:07
570	60	LEONEL S JOSE	42	M4044	92	M					GARMIN/ CO OEIRAS	00:52:08
571	1139	Mª LURDES ANTONIO	41	F4044	11	F					INDIVIDUAL	00:52:08
572	430	ANTONIO FERNANDES	64	M6099	35	M					INDIVIDUAL	00:52:10
573	678	DOMINGOS MATOS	50	M5054	71	M					FALÇOES SELVAGES	00:52:12
574	1025	TIAGO MARTINS	29	M2039	197	M					INDIVIDUAL	00:52:12
575	728	MANUEL O PEREIRA	54	M5054	72	M					GYM 2010	00:52:14
576	638	ANTONIO SIETRA	40	M4044	93	M					CLUBE VODAFONE	00:52:17
577	424	JORGE MARQUES	58	M5559	48	M					INDIVIDUAL	00:52:22
578	738	AGOSTINHO DIAS	46	M4549	84	M					CARAPAU CORRIDA	00:52:22
579	290	RICARDO RODRIGUES	35	M2039	198	M					SS CGD	00:52:34
580	934	ANGELA MESTRE	35	F2039	19	F					INDIVIDUAL	00:52:34
581	1143	PEDRO AMARAL	44	M4044	94	M					INDIVIDUAL	00:52:34
582	669	JOAO S REIS	39	M2039	199	M					CASCAIS PANDILHA	00:52:36
583	390	JOSE CATITA	53	M5054	73	M					GARMIN/ CO OEIRAS	00:52:38
584	57	ANTONIO SUL	42	M4044	95	M					GARMIN/ CO OEIRAS	00:52:39
585	245	EUGENIA VALE	56	F5099	8	F					NS SAO MIGUEL	00:52:42
586	1030	RUI MARTINS	38	M2039	200	M					TANGAS	00:52:51
587	107	MIGUEL BASTOS	46	M4549	85	M					GD INE	00:52:52
588	418	ANTONIO MORGADO	54	M5054	74	M					INDIVIDUAL	00:52:52
589	1046	BRUNO MARQUES	29	M2039	201	M					INDIVIDUAL	00:52:53
590	1074	GORETE CAPUCHO	44	F4044	12	F					CDR AGUIAS UNIDAS	00:52:53 1
591	1031	ARTUR MARTINS	72	M6099	36	M					TANGAS	00:53:00
592	396	PAULO ASCENÇÃO	40	M4044	96	M					GD CIMPOR	00:53:08
593	1021	RUI P PEREIRA	41	M4044	97	M					INDIVIDUAL	00:53:11

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
594	718	JOÃO D STOFFEL	29	M2039	202	M					PAACID	00:53:14
595	570	IVONE MATOS	29	F2039	20	F					INDIVIDUAL	00:53:18
596	526	ROGÉRIO MATOS	49	M4549	86	M					INDIVIDUAL	00:53:20
597	644	RICARDO FERNANDES	52	M5054	75	M					CD GRUPO BES	00:53:24
598	950	MARGARIDA PINTO	40	F4044	13	F					GAB FISIO DESPORTO	00:53:24
599	230	ISABEL REIS	51	F5099	9	F					GD MACEDO OCULISTA	00:53:26
600	615	FERNANDO NUNES	36	M2039	203	M					INDIVIDUAL	00:53:28
601	558	DANIEL VILABRIL	32	M2039	204	M					PERNAS GAFANHOTO	00:53:32
602	538	RICARDO H SOUSA	37	M2039	205	M					INDIVIDUAL	00:53:33
603	607	CRISTINA CUSTODIO	34	F2039	21	F					FITNESS PREMIUM	00:53:35
604	546	MAURO TEIXEIRA	31	M2039	206	M					TOCANDAR	00:53:37
605	1050	ANTONIO NORTE	36	M2039	207	M					INDIVIDUAL	00:53:38
606	503	JOSE C MELO	49	M4549	87	M					RUN 4 FUN	00:53:39
607	567	DAVID LI	37	M2039	208	M					INDIVIDUAL	00:53:39
608	594	CELIA NUNO	45	F4549	9	F					INDIVIDUAL	00:53:42
609	176	ANTONIO LIMA	49	M4549	88	M					SL CAMPOLIDE	00:53:43
610	484	TEREZA KNAPIC	59	F5099	10	F					INDIVIDUAL	00:53:43
611	182	RICARDO PEREIRA	32	M2039	209	M					SL CAMPOLIDE	00:53:44
612	181	MIGUEL DUQUE	50	M5054	76	M					SL CAMPOLIDE	00:53:45
613	188	SALVADOR AFONSO	57	M5559	49	M					GD SANTANDER TOTTA	00:53:45
614	197	JOSE PEREIRA	42	M4044	98	M					GD SANTANDER TOTTA	00:53:45
615	277	JOSE LIBERATO	35	M2039	210	M					GDCT IN CASA MOEDA	00:53:46
616	947	FERNANDO CASTANHEIRA	42	M4044	99	M					GAB FISIO DESPORTO	00:53:49
617	185	ANTONIO PEREIRA	46	M4549	89	M					GD SANTANDER TOTTA	00:53:50
618	398	MARIA FERNANDES	48	F4549	10	F					GD CIMPOR	00:53:51
619	545	MARÍLIA RIBEIRO	28	F2039	22	F					TOCANDAR	00:53:58
620	211	CARLOS PEREIRA	41	M4044	100	M					GD SANTANDER TOTTA	00:53:59
621	222	ANTONIO FERREIRA	47	M4549	90	M					GD MACEDO OCULISTA	00:53:59
622	486	RAQUEL CARVALHO	34	F2039	23	F					INDIVIDUAL	00:53:59
623	330	RICARDO J A L DIAS	33	M2039	211	M					CCDT METRO LX	00:54:02
624	701	IVO ROSA	27	M2039	212	M					INDIVIDUAL	00:54:02
625	985	EDUARDO CASTELA	28	M2039	213	M					INDIVIDUAL	00:54:06
626	689	JOAO M BATISTA	50	M5054	77	M					INDIVIDUAL	00:54:11
627	289	ALBERTINO SEMEDO	53	M5054	78	M					SS CGD	00:54:12
628	495	RUI ALMEIDA	34	M2039	214	M					INDIVIDUAL	00:54:14
629	726	ANA C RAMOS	35	F2039	24	F					GYM 2010	00:54:14
630	741	NUNO DUARTE	40	M4044	101	M					INDIVIDUAL	00:54:15
631	80	TERESA MENDES	37	F2039	25	F					DEZ PRAS ONZE	00:54:16
632	81	MARTA QUINA	37	F2039	26	F					DEZ PRAS ONZE	00:54:18
633	219	PAULA FIGUEIREDO	54	F5099	11	F					GD SANTANDER TOTTA	00:54:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
634	516	SEBASTIÃO C MELO	60	M6099	37	M					CC ARGANIL	00:54:19
635	611	ALEXANDRE ALCAPE	30	F2039	27	F					FITNESS PREMIUM	00:54:21
636	531	ANTONIO MARTINS	50	M5054	79	M					INDIVIDUAL	00:54:22
637	999	FILOMENA AGUIÃ	51	F5099	12	F					CR LEOES P SALVO	00:54:26
638	89	HUGO PINTO	36	M2039	215	M					CCDT METRO LX	00:54:30
639	154	JOAO SANTOS	62	M6099	38	M					MULTIFLOW	00:54:30
640	955	ANDRE M MARTINS	23	M2039	216	M					INDIVIDUAL	00:54:36
641	1093	ANA R RAMALHO	23	F2039	28	F					VALADARES	00:54:40
642	487	PEDRO M SILVA	39	M2039	217	M					INDIVIDUAL	00:54:42
643	727	PAULO ENES	38	M2039	218	M					GYM 2010	00:54:42
644	521	NUNO PERALTA	37	M2039	219	M					INDIVIDUAL	00:54:43
645	292	FRANCISCO CLERIGO	58	M5559	50	M					SS CGD	00:54:44
646	598	ANA P SILVA	29	F2039	29	F					INDIVIDUAL	00:54:45
647	959	CARLOS SOUSA	44	M4044	102	M					APOGMA	00:54:47
648	77	ANABELA OLIVEIRA	48	F4549	11	F					DEZ PRAS ONZE	00:54:58
649	1032	CARLOS SEMIDE	37	M2039	220	M					INDIVIDUAL	00:55:01
650	215	LUIS COITO	41	M4044	103	M					GD SANTANDER TOTTA	00:55:02
651	578	HENRIQUE VILHENA	55	M5559	51	M					INDIVIDUAL	00:55:03
652	414	SARA LOUREIRO	23	F2039	30	F					SC CASAINHOS	00:55:05
653	583	JOAO CUNHA	54	M5054	80	M					AMIGOS PARQUE PAZ	00:55:05
654	941	VITOR M P GONCALVES	42	M4044	104	M					INDIVIDUAL	00:55:05
655	1105	LUIS F MARCELINO	39	M2039	221	M					OS TUGAS	00:55:07
656	1028	RITA MONTALVAO	36	F2039	31	F					INDIVIDUAL	00:55:09
657	1065	REINALDO PEREIRA	48	M4549	91	M					INDIVIDUAL	00:55:11
658	472	JOAO LANDEIRO	65	M6099	39	M					INDIVIDUAL	00:55:12
659	1004	MARIA ANTON	44	F4044	14	F					CR LEOES P SALVO	00:55:13
660	59	JOAO GONÇALVES	50	M5054	81	M					GARMIN/ CO OEIRAS	00:55:15
661	1055	CLARA R	35	F2039	32	F					ACC TEAM	00:55:16
662	397	FRANCISCO SIMAO	29	M2039	222	M					GD CIMPOR	00:55:24
663	551	KELLEN ABREU	35	F2039	33	F					INDIVIDUAL	00:55:29
664	610	FILIFE PEREIRA	27	M2039	223	M					FITNESS PREMIUM	00:55:29
665	203	HENRIQUE MARÇAL	58	M5559	52	M					GD SANTANDER TOTTA	00:55:32
666	498	MIGUEL P N RAMOS	48	M4549	92	M					INDIVIDUAL	00:55:37
667	656	CARLOS OLIVEIRA	36	M2039	224	M					CD GRUPO BES	00:55:38
668	658	RICARDO SILVA	34	M2039	225	M					CD GRUPO BES	00:55:38
669	540	ANTONIO LOPES	57	M5559	53	M					INDIVIDUAL	00:55:41
670	349	SETTA MACHADO	40	M4044	105	M					GE OS ECONOMICOS	00:55:46
671	983	VASCO ALPALHÃO	41	M4044	106	M					ALPALHAO	00:55:52
672	565	JOSE P PINTO	32	M2039	226	M					INDIVIDUAL	00:55:56
673	120	ALBANO ALVES	56	M5559	54	M					AÇOREANA C BANIF	00:55:59

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
674	440	ELISEU M PINTO	61	M6099	40	M					INDIVIDUAL	00:55:59
675	1131	DUARTE GONÇALVES	52	M5054	82	M					INDIVIDUAL	00:56:00
676	1111	ANA SILVEIRA	42	F4044	15	F					X-TRA	00:56:02
677	601	SERGIO CASTRO	32	M2039	227	M					INDIVIDUAL	00:56:05
678	187	JOSE SIMOES	63	M6099	41	M					GD SANTANDER TOTTA	00:56:06
679	1119	CARLOS TOME	60	M6099	42	M					INDIVIDUAL	00:56:07
680	1058	IGOR OLIVEIRA	28	M2039	228	M					ACC TEAM	00:56:12
681	350	MARIA FATUDA	52	F5099	13	F					GE OS ECONOMICOS	00:56:15
682	103	CATIA PEDRO	32	F2039	34	F					GD INE	00:56:18
683	506	JOAO P S LIMA	51	M5054	83	M					4 AO KM	00:56:21
684	692	CARLA TEIXEIRA	40	F4044	16	F					INDIVIDUAL	00:56:22
685	1079	HUGO REGO	30	M2039	229	M					INDIVIDUAL	00:56:23
686	1061	BRUNO E AUGUSTO	30	M2039	230	M					INDIVIDUAL	00:56:30
687	294	PAULO BILAO	41	M4044	107	M					SS CGD	00:56:31
688	101	ALBERTO PINA	56	M5559	55	M					GD INE	00:56:36
689	231	JOAO VEIGA	62	M6099	43	M					GD MACEDO OCULISTA	00:56:38
690	581	FABIO CAPITÃO	20	M2039	231	M					INDIVIDUAL	00:56:39
691	1097	GONÇALO MALHEIRO	39	M2039	232	M					INDIVIDUAL	00:56:40
692	283	CARLOS MACHADO	47	M4549	93	M					GDCT IN CASA MOEDA	00:56:43
693	210	FABIO DIAS	40	M4044	108	M					GD SANTANDER TOTTA	00:56:45
694	193	JOSE LOUÇAS	69	M6099	44	M					GD SANTANDER TOTTA	00:56:48
695	1023	MANUEL A CARVALHO	64	M6099	45	M					INDIVIDUAL	00:56:48
696	696	PEDRO RUA	35	M2039	233	M					INDIVIDUAL	00:56:50
697	732	NUNO ANDRADE	39	M2039	234	M					INDIVIDUAL	00:56:50
698	700	SERGIO NICOLAU	34	M2039	235	M					INDIVIDUAL	00:56:53
699	405	ROGERIO PINA	57	M5559	56	M					CLUBE ANACOM	00:56:55
700	1033	ANTONIO P TEIXEIRA	35	M2039	236	M					INDIVIDUAL	00:57:03
701	471	ISABEL NEVES	50	F5099	14	F					INDIVIDUAL	00:57:04
702	92	JOSE L SANTOS	42	M4044	109	M					CCDT METRO LX	00:57:08
703	1112	LUIS CALHEIROS	37	M2039	237	M					INDIVIDUAL	00:57:10
704	943	RUI CARNEIRO	56	M5559	57	M					JOÃO CARNEIRO SAD	00:57:11
705	304	ANTONIO SANTOS	49	M4549	94	M					CCD EFACEC LX	00:57:28
706	459	VICTOR VALENTE	58	M5559	58	M					INDIVIDUAL	00:57:29
707	460	PEDRO NUNES	31	M2039	238	M					INDIVIDUAL	00:57:29
708	348	ALEXANDRE VAZ	38	M2039	239	M					GE OS ECONOMICOS	00:57:32 1
709	385	PAULO COSTA	35	M2039	240	M					AMIGOS ESTRELA	00:57:32
710	641	RUI ALVARES	42	M4044	110	M					CLUBE VODAFONE	00:57:33
711	539	SARA LOPES	22	F2039	35	F					INDIVIDUAL	00:57:34
712	937	NELSON PARCELAS	31	M2039	241	M					AA MAFRA	00:57:44
713	93	JOSE PIRES	75	M6099	46	M					CCDT METRO LX	00:57:45

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
714	681	JACINTO GODINHO	47	M4549	95	M					GODINHO	00:57:46
715	239	ROSINDA GONÇALVES	57	F5099	15	F					GD MACEDO OCULISTA	00:57:56
716	409	LIGIA MORAIS	36	F2039	36	F					SS MONTEPIO GERAL	00:58:04
717	384	FERNANDO MATIAS	46	M4549	96	M					AMIGOS ESTRELA	00:58:12
718	36	MIGUEL BARATA	38	M2039	242	M					C FERROV PORTUGAL	00:58:15
719	259	JOSE FERNANDES	70	M6099	47	M					CR CRUZ PAU	00:58:15
720	988	FERNANDA LUCAS	59	F5099	16	F					CR LEOES P SALVO	00:58:18
721	663	JOSE M SIMÕES	56	M5559	59	M					GEORUNNERS	00:58:19
722	597	MIGUEL FERRAZ	24	M2039	243	M					INDIVIDUAL	00:58:23
723	927	MARIA MARQUES	49	F4549	12	F					INDIVIDUAL	00:58:25
724	217	JOSE MONTEIRO	67	M6099	48	M					GD SANTANDER TOTTA	00:58:26
725	614	MARLENE HENRIQUES	28	F2039	37	F					FITNESS PREMIUM	00:58:26
726	94	MANUEL DANTAS	65	M6099	49	M					CCDT METRO LX	00:58:27
727	72	JOAQUIM PEREIRA	72	M6099	50	M					AA LEBRES SADO	00:58:29
728	504	MARIO PIRES	52	M5054	84	M					INDIVIDUAL	00:58:31
729	564	ANA COSTA	32	F2039	38	F					INDIVIDUAL	00:58:31
730	179	ARMINDO VELEZ	62	M6099	51	M					SL CAMPOLIDE	00:58:34
731	301	FERNANDO MAGALHAES	55	M5559	60	M					CCD EFACEC LX	00:58:36
732	590	ISABEL MONTEIRO	25	F2039	39	F					INDIVIDUAL	00:58:38
733	26	ANALICE SILVA	68	F5099	17	F					O MUNDO CORRIDA	00:58:39
734	83	PEDRO VICENTE	39	M2039	244	M					DEZ PRAS ONZE	00:58:39
735	1060	RICARDO ALVES	31	M2039	245	M					ACC TEAM	00:58:39
736	1140	DULCE VARZEA	45	F4549	13	F					INDIVIDUAL	00:58:39
737	1044	JOAO NUNES	28	M2039	246	M					INDIVIDUAL	00:58:41
738	1102	LUIS SANTOS	39	M2039	247	M					OS TUGAS	00:58:41
739	1141	LUIS MIRA	47	M4549	97	M					INDIVIDUAL	00:58:41
740	403	ISAAC CARRELO	51	M5054	85	M					CLUBE ANACOM	00:58:54
741	923	RICARDO SOUSA	40	M4044	111	M					INDIVIDUAL	00:58:54
742	556	PEDRO MURTINHAL	40	M4044	112	M					INDIVIDUAL	00:58:55
743	1045	MARTA VALE	35	F2039	40	F					INDIVIDUAL	00:59:00
744	449	ANTONIO B NUNES	72	M6099	52	M	1				INDIVIDUAL	00:59:08
745	450	ALBANO GINJA	55	M5559	61	M					INDIVIDUAL	00:59:08
746	1132	BESSONE BASTO	65	M6099	53	M					INDIVIDUAL	00:59:08
747	237	Mª QUITERIA TEIXEIRA	38	F2039	41	F					GD MACEDO OCULISTA	00:59:15
748	574	JOSE CARITA	53	M5054	86	M					OS INDIVIDUAIS	00:59:15
749	42	LUIS ANTUNES	49	M4549	98	M					GA MONSANTO	00:59:16
750	416	RICARDO CORTEZ	35	M2039	248	M					INDIVIDUAL	00:59:18
751	917	JOAO MONTES	51	M5054	87	M					INDIVIDUAL	00:59:23
752	1123	LUIS SOUSA	37	M2039	249	M					ACADEMIA LUMIAR	00:59:25
753	476	EBERHARD A WILHELM	63	M6099	54	M					INDIVIDUAL	00:59:27

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
754	524	MARIA RODRIGUES	48	F4549	14	F					IMPARAVEIS	00:59:30
755	286	DOMINGOS COSTA	63	M6099	55	M					SS CGD	00:59:31
756	296	ANDRE NORONHA	47	M4549	99	M					SS CGD	00:59:31
757	298	PAULA COSTA	40	F4044	17	F					SS CGD	00:59:31
758	525	PAULA C CRISPIM	30	F2039	42	F					IMPARAVEIS	00:59:31
759	297	JOSE DIMAS	43	M4044	113	M					SS CGD	00:59:32
760	935	SUSANA DIAS	45	F4549	15	F					INDIVIDUAL	00:59:34
761	295	AURELIO CALADO	62	M6099	56	M					SS CGD	00:59:35
762	740	ANGELO MARCOS	30	M2039	250	M					INDIVIDUAL	00:59:37
763	921	ANDREIA CARDOSO	25	F2039	43	F					INDIVIDUAL	00:59:37
764	224	ARTUR DINIS	54	M5054	88	M					GD MACEDO OCULISTA	00:59:40
765	712	NUNO P ROSA	35	M2039	251	M					PAACID	00:59:42
766	442	MARIO FERREIRA	51	M5054	89	M					INDIVIDUAL	00:59:45
767	40	PAULO BARATA	37	M2039	252	M					C FERROV PORTUGAL	00:59:46
768	158	JOAQUIM FONSECA	56	M5559	62	M					OS SUPER	00:59:50
769	275	JOSE ABREU	63	M6099	57	M					GDCT IN CASA MOEDA	00:59:50
770	494	CARLOS MARTINS	18	M1819	6	M					INDIVIDUAL	00:59:54
771	1116	HELDER VARANDAS	64	M6099	58	M					REPORTPRO	00:59:58
772	682	TOMAS PRAZERES	19	M1819	7	M					GODINHO	00:59:59
773	683	ANTONIO C NOVAS	33	M2039	253	M					GODINHO	00:59:59
774	931	NUNO SOUSA	38	M2039	254	M					INDIVIDUAL	01:00:00
775	987	BRUNO ALBERTO	37	M2039	255	M					INDIVIDUAL	01:00:05
776	458	CLAUDIA FREIXO	29	F2039	44	F					INDIVIDUAL	01:00:11
777	474	VITOR ROQUETTE	50	M5054	90	M					INDIVIDUAL	01:00:12
778	183	MARCO CRUZ	33	M2039	256	M					CR ALVORADA	01:00:13
779	749	PATRÍCIA PEREIRA	33	F2039	45	F					TARTARUGAS	01:00:16
780	750	TERESA RIBEIRO	38	F2039	46	F					TARTARUGAS	01:00:20
781	1059	JOAO BRANCO	44	M4044	114	M					ACC TEAM	01:00:26
782	714	ANA R ANDRADE	35	F2039	47	F					PAACID	01:00:31
783	629	PEDRO JOSÉ	28	M2039	257	M					INDIVIDUAL	01:00:37
784	1108	SANDRA COSTA	35	F2039	48	F					X-TRA	01:00:44
785	650	NUNO PINTO	38	M2039	258	M					CD GRUPO BES	01:00:47
786	273	ANTONIO NASCIMENTO	71	M6099	59	M					GDCT IN CASA MOEDA	01:00:55
787	626	RUI M EUSÉBIO	65	M6099	60	M					INDIVIDUAL	01:00:57
788	648	FERNANDO FILIPE	43	M4044	115	M					CD GRUPO BES	01:01:01
789	196	JOSE LOURO	76	M6099	61	M					GD SANTANDER TOTTA	01:01:04
790	420	ANIBAL FERNANDES	44	M4044	116	M					INDIVIDUAL	01:01:06
791	421	BRUNO VIEIRA	37	M2039	259	M					INDIVIDUAL	01:01:07
792	422	RAUL PIMENTA	61	M6099	62	M					INDIVIDUAL	01:01:07
793	148	CARLA PEREIRA	40	F4044	18	F					CCD SEGURANÇA	01:01:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
794	43	MIGUEL SILVA	67	M6099	63	M					GA MONSANTO	01:01:15
795	132	RICARDO ALVES	29	M2039	260	M					AÇOREANA C BANIF	01:01:15
796	425	FERNANDO P RODRIGUES	69	M6099	64	M					INDIVIDUAL	01:01:19
797	661	JOAO V SANTOS	35	M2039	261	M					INDIVIDUAL	01:01:24
798	1110	MARGARIDA EGEA	43	F4044	19	F					X-TRA	01:01:31
799	457	RUI FREIXO	26	M2039	262	M					INDIVIDUAL	01:01:33
800	461	RICARDO MACHADO	37	M2039	263	M					INDIVIDUAL	01:01:35
801	1133	CARLOS SEIXAS	31	M2039	264	M					INDIVIDUAL	01:01:35 1
802	326	PEDRO N N PINTO	54	M5054	91	M					OS PINTOS	01:01:43
803	157	MERCEDES FONSECA	55	F5099	18	F					OS SUPER	01:01:47
804	261	JOSE PARRANCA	73	M6099	65	M					CR CRUZ PAU	01:01:55
805	306	ANTONIO LOPES	62	M6099	66	M					CCD EFACEC LX	01:01:59
806	307	AMERICO SANTOS	54	M5054	92	M					CCD EFACEC LX	01:01:59
807	690	RICARDO SOUSA	33	M2039	265	M					CCD EFACEC LX	01:01:59
808	1088	JORGE VALADARES	49	M4549	100	M					VALADARES II	01:02:01
809	260	AGAPITO BELGA	52	M5054	93	M					CR CRUZ PAU	01:02:07
810	1066	ANTONIO M PEREIRA	35	M2039	266	M					INDIVIDUAL	01:02:16
811	628	JOAO CRAVO	27	M2039	267	M					INDIVIDUAL	01:02:23
812	395	MICAELA ARAUJO	39	F2039	49	F					GD CIMPOR	01:02:27
813	138	JOAQUIM ALMEIDA	60	M6099	67	M					SFUAP	01:02:28
814	313	FRANCISCO FERREIRA	57	M5559	63	M					CCD EFACEC LX	01:02:32
815	201	DINIS SOUSA	70	M6099	68	M					GD SANTANDER TOTTA	01:02:35
816	649	ALEXANDRINA FILIPE	40	F4044	20	F					CD GRUPO BES	01:02:36
817	293	CLAUDIA LOURENÇO	40	F4044	21	F					SS CGD	01:02:38
818	627	ISABEL C GUERRA	53	F5099	19	F					INDIVIDUAL	01:02:41
819	392	LUIS RICARDO	38	M2039	268	M					GD CIMPOR	01:02:50
820	391	NUNO SANTOS	31	M2039	269	M					GD CIMPOR	01:02:51
821	308	MANUEL GOMES	66	M6099	69	M					CCD EFACEC LX	01:02:56
822	945	RICARDO VAZ	41	M4044	117	M					INDIVIDUAL	01:02:58
823	186	LUIS SILVA	69	M6099	70	M					GD SANTANDER TOTTA	01:03:00
824	548	MÁRIO AGUILLEIRA	48	M4549	101	M					TOCANDAR	01:03:02
825	580	MADALENA RIBAS	56	F5099	20	F					INDIVIDUAL	01:03:03
826	499	PEDRO P N RAMOS	46	M4549	102	M					INDIVIDUAL	01:03:08
827	46	FABIO SANTOS	23	M2039	270	M					RUNNING OF D MARIA	01:03:15
828	47	HUGO SANTOS	18	M1819	8	M					RUNNING OF D MARIA	01:03:15
829	117	IDALINA MADEIRA	50	F5099	21	F					AÇOREANA C BANIF	01:03:18
830	924	CARLOS OLIVEIRA	56	M5559	64	M					INDIVIDUAL	01:03:25
831	282	PAULO PIRES	34	M2039	271	M					GDCT IN CASA MOEDA	01:03:33 1
832	982	ANA ALPALHÃO	38	F2039	50	F					ALPALHAO	01:03:41
833	394	JUVENAL MONTEIRO	47	M4549	103	M					GD CIMPOR	01:03:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
834	523	GONÇALO PRATA	32	M2039	272	M					INDIVIDUAL	01:03:54
835	1113	CARLA SIMOES	37	F2039	51	F					INDIVIDUAL	01:04:05
836	585	MARTA MARTINS	29	F2039	52	F					INDIVIDUAL	01:04:15
837	547	ROSA FEIO	45	F4549	16	F					TOCANDAR	01:04:17
838	1125	NUNO SILVA	29	M2039	273	M					INDIVIDUAL	01:04:22
839	204	MARIA GERTRUDES	63	F5099	22	F					GD SANTANDER TOTTA	01:04:23
840	406	PAULO PERES	45	M4549	104	M					CLUBE ANACOM	01:04:32
841	1048	CATARINA JOSE	27	F2039	53	F					INDIVIDUAL	01:04:41
842	90	JOAO CUNHA	51	M5054	94	M					CCDT METRO LX	01:04:43
843	552	NUNO M R CARVALHO	34	M2039	274	M					GDR AMADOR	01:04:48
844	553	ANA LOPES	33	F2039	54	F					GDR AMADOR	01:04:48
845	54	LUIS GRAÇA	47	M4549	105	M					RUNNING OF D MARIA	01:05:03
846	321	JOAO GRAÇA	72	M6099	71	M					CLUBE AUTOCOOPE	01:05:05
847	990	MARIA ALMEIDA	48	F4549	17	F					CR LEOES P SALVO	01:05:05
848	1103	ROSA MARQUES	38	F2039	55	F					OS TUGAS	01:05:45
849	1107	ANTONIO D SANTOS	52	M5054	95	M					OS TUGAS	01:05:45
850	98	ORLANDO SOUSA	49	M4549	106	M					CCDT METRO LX	01:05:54
851	329	ALIPIO OLIVEIRA	51	M5054	96	M					CCDT METRO LX	01:05:54
852	969	TERESA TAMPINHO	39	F2039	56	F					INDIVIDUAL	01:06:12
853	454	Mª CARMO ANJOS	65	F5099	23	F					INDIVIDUAL	01:06:14
854	119	MA FEE HUNG	61	F5099	24	F					AÇOREANA C BANIF	01:06:27
855	1109	CRISTINA PEREZ	42	F4044	22	F					X-TRA	01:06:35
856	166	JOSE NUNES	44	M4044	118	M					GDOA	01:06:36
857	272	ANTONIO GASPAR	68	M6099	72	M					GDCT IN CASA MOEDA	01:06:40
858	223	ARMANDO CARMO	75	M6099	73	M					GD MACEDO OCULISTA	01:07:16
859	1129	ANTONIO NASCIMENTO	45	M4549	107	M					NA CNAS	01:07:27
860	733	DAVID LOPES	33	M2039	275	M					INDIVIDUAL	01:07:30
861	358	PAULO MORAIS	38	M2039	276	M					PUPILOS EXERCITO	01:07:43
862	986	ANDRE SIMÕES	37	M2039	277	M					INDIVIDUAL	01:07:51
863	88	FERNANDO FERNANDES	59	M5559	65	M					CCDT METRO LX	01:07:59
864	291	MANUEL BRAS	43	M4044	119	M					SS CGD	01:08:00
865	913	GUALDINO FREIRE	66	M6099	74	M					CCDT METRO LX	01:08:01
866	180	DINA FONSECA	42	F4044	23	F					SL CAMPOLIDE	01:08:02
867	676	EMILIA REIS	51	F5099	25	F					INDIVIDUAL	01:08:17
868	609	CARLA VIEIRA	24	F2039	57	F					FITNESS PREMIUM	01:08:21
869	673	ANA SANTOS	35	F2039	58	F					INDIVIDUAL	01:08:21
870	593	SOFIA DUARTE	31	F2039	59	F					INDIVIDUAL	01:08:22
871	660	VANESSA JOSÉ	32	F2039	60	F					INDIVIDUAL	01:08:22
872	704	PAULA JACOB	46	F4549	18	F					TARTARUGAS	01:08:26
873	533	FERNANDA BORGES	52	F5099	26	F					INDIVIDUAL	01:08:49

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.F.E	Sx.	C.	SC1	SC2	SC3	Equipe	Tempo
874	299	PAULO CORREIA	44	M4044	120	M					SS CGD	01:09:28
875	630	LEONOR AZEVEDO	40	F4044	24	F					CLUBE VODAFONE	01:09:36
876	1100	TIAGO POMBINHO	25	M2039	278	M					INDIVIDUAL	01:09:43
877	1085	PAULO TIMOTEO	31	M2039	279	M					INDIVIDUAL	01:09:49
878	146	MANUEL MANTAS	56	M5559	66	M					IGREJA UNIFICAÇÃO	01:09:50
879	305	ADELINO CASTRO	59	M5559	67	M					CCD EFACEC LX	01:10:10
880	952	MARLENE OLIVEIRA	38	F2039	61	F					INDIVIDUAL	01:11:16
881	698	JOAO SILVA	41	M4044	121	M					NA CNAS	01:11:31
882	1135	FRANCISCO MOUCHINHO	63	M6099	75	M					ACADEMIA LUMIAR	01:11:43
883	571	JAIME PALMA	67	M6099	76	M					SEMPRE EM FESTA	01:11:59
884	572	NUNO MARQUES	41	M4044	122	M					SEMPRE EM FESTA	01:11:59
885	674	Mª JOAO R SILVA	48	F4549	19	F					INDIVIDUAL	01:12:40
886	1095	LUIS GONÇALVES	31	M2039	280	M					INDIVIDUAL	01:12:48
887	452	JOSE ARRUDA	62	M6099	77	M					INDIVIDUAL	01:12:49
888	453	FOCK CHIU	61	F5099	27	F					INDIVIDUAL	01:12:49
889	404	HELDER ALMEIDA	64	M6099	78	M					CLUBE ANACOM	01:13:13 1
890	436	ANA LOPES	42	F4044	25	F					INDIVIDUAL	01:14:20
891	744	MANUEL FERREIRA	72	M6099	79	M					GD JOANINHAS LEIAO	01:14:23
892	989	ANA ISABEL	53	F5099	28	F					CR LEOES P SALVO	01:15:06
893	382	JOSE BRAS	19	M1819	9	M					AMIGOS ESTRELA	01:15:08
894	706	ANA LUÍSA JAIME	27	F2039	62	F					TARTARUGAS	01:16:13
895	1106	RAQUEL B MENDES	35	F2039	63	F					OS TUGAS	01:16:14
896	1057	KIKA FALÇÃO	28	F2039	64	F					ACC TEAM	01:18:05
897	357	CARLOS BAPTISTA	46	M4549	108	M					PUPILOS EXERCITO	01:19:44
898	1042	LILIANA GOMES	32	F2039	65	F					INDIVIDUAL	01:20:44
899	1117	MIGUEL QUINTANILHA	35	M2039	281	M					INDIVIDUAL	01:20:44
900	1144	JOAQUIM CARDOSO	39	M2039	282	M					AMIGOS PARQUE PAZ	01:21:13
901	145	FATIMA CAEIRO	56	F5099	29	F					IGREJA UNIFICAÇÃO	01:21:35
902	613	ANA I PEREIRA	43	F4044	26	F					FITNESS PREMIUM	01:30:38